



# The Messenger

A monthly publication of ALC

A Congregation of the Evangelical Lutheran  
Church in America

**January 2010**

**Reminder:** The American Lutheran Church annual meeting will take place on **Sunday, January 24, 2010 at 12:00 p.m.** in the Fellowship Hall. Lunch will be served starting after the second worship service (lunch begins at approximately 11:15 a.m.). Please make plans to attend this important part of our congregational life together.

## **SPECIAL WORSHIP SERVICES JANUARY 31ST FEATURING TOBY WALDOWSKI**

Toby Waldowski was born and raised in Webster, South Dakota. His mother was a piano teacher and forced him to practice the piano 30 minutes every morning before school. Toby became a Christian on August 14, 1971 while watching a Billy Graham Crusade on television. He was 17 years old at the time.

Toby attended South Dakota State University. He was a music major with an emphasis in performance. He met his wife, Barb, at SDSU, and she became a Christian on their second date.

In 1976, Toby and Barb attended a music ministry conference at the Crystal Cathedral in Garden Grove, CA. While at the conference they auditioned to sing for Dr. Robert Schuller and his wife Arvella. They were offered a position on the music staff at the Cathedral and they moved to Orange County, CA where they reside to this day. Toby and Barb were featured soloists on Dr. Schuller's "Hour of Power," program for 20 years.

In 1977 Toby and Barb started a traveling ministry throughout North America. That ministry lasted 26 years. During those years Toby and Barb recorded 11 albums, gave over 4,000 concerts and were guests soloists in two Billy Graham Crusades. Toby's song "South Dakota My Home," was sung at the 50th anniversary of the Mt. Rushmore Memorial in 1992.

Toby will be with us Sunday, January 31st to lead our worship services. Please plan to be a part of this very special day.

## From Pastor Mike: New Decade, New Look...



As you have no doubt noticed, this month's *Messenger* looks different. We've added some new features and rearranged a bunch of things. Like anything different, these newsletter style alterations will take a while to get used to.

It reminds me of something going on in my personal life these days—I got new glasses. And actually, it's more than that: My new glasses are my first-ever *bi-focals*. One "problem" I'm having is simply trying to adjust to the fact that I now need bi-focals. I can't be that old already, can I?? Another problem has been getting used to these new glasses of mine. Things I glance at look kind of distorted. For a while, when I would walk, it appeared that the floor below me was slanted. When I gaze at my hand, I notice that the skin is wrinklier than I remembered it being before (isn't that ironic?—my bi-focals help me see more clearly that my body is aging!).

The good news in all of this is that, after two weeks now, my new glasses finally feel normal. And you know what? Before long, the new *Messenger* layout will feel normal, too. In fact, there will come a day in the future when it will be referred to as the "old layout."

And that's OK. Change is a part of life. But rest assured that, though the *Messenger* may look different, it will still contain important information for our congregation as we strive to serve our Lord Jesus Christ—the one whose love for us NEVER changes! Praise be to God for that!

### Adult Ed Opportunities

"Messin' with Mike" — 9:15 a.m. Sundays

Each week Pastor Mike has to come up with some way—through the lens of faith—to lead a discussion about a mystery item placed in a box. Come and join the fun!! The class meets in the church basement.

"Genetics and Faith" — 9:15 a.m. Sundays

What is a "faith response" to the explosion of new scientific breakthroughs from the field of Genetics? Come and discuss! This class also meets in the church basement.

## **What does it mean to be Christian? What does it mean to be Lutheran? What does it mean to be part of the body here at American Lutheran Church?**

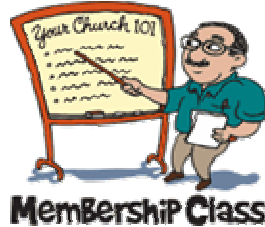
In the later part of January through the beginning part of February we are inviting all recent new members to American Lutheran Church (within the last few years), and all people who would like to become part of this congregation to a time of fellowship, food, and learning about Christianity, Lutheranism, and American Lutheran Church.

We will meet for 3 consecutive weeks in the Fellowship Hall on Tuesday nights at 6:30 pm beginning on January 26th and going until February 9th. If this day or time does not work for you as a new member of American Lutheran Church, please contact the office at 376-5264 as soon as you can.

There is no cost for this opportunity, and actually instead, we will lavish you with many wonderful gifts!

We look forward to seeing you there!

Pastor Liz Radtke  
American Lutheran Church  
915 Winifred St.  
Worthington, MN 56187



### **Adult Ed Opportunities**

“Book of Faith” — 9:15 a.m. Sundays

The Book of Faith Bible studies help take some of that discomfort away, get back to the basics, and help you get more fluent in the first language of the Faith: the Bible. This group meets in the Heritage Room. All are welcome!!

“BLAST” — 9:15 a.m. Sundays (once every 3 weeks)

BLAST is a low-key, back-to-the-basics look at the same lessons being learned in BibleLand. The class meets in the BibleLand “big room.”

**From your Stewardship Committee:**

**JESUS ACCEPTS AND PERFECTS OUR GIFTS**

As sinful people, we are incapable of giving God what He deserves from us. However, we can be confident that our gifts are acceptable to God through Jesus. To illustrate this point, there is a story about a wood-carver who early in his life was a renowned carver. He passed on his craft to his son. Later in his life, the old man's eyes began to dim, and his hands began to tremble. He could no longer carve the perfect figures of his youth. He would mar the figure, and imperfections blighted his work. His fading eyes could no longer see the flaws.

During the night, as the father was sleeping, the son would sneak down and correct his father's flaws in the newly carved wood. When the figures passed through the hands of the son, they were made perfect again.

In the same way, we may bring our imperfect gifts with the confidence that, as they pass through the hands of Jesus, they will all be placed before the Father in absolute perfection.



**From your Child In Our Hands Committee:**

**PARENTING FROM A PEW (Faith Formation for Young Children)**



God heals all of our hurts. That healing is not always as apparent or as fast as we might choose, but God does heal us all. Teach your child these prayers: "God helps our hurts to get better." "Thank you, God, for helping us to get well when we are sick." "Thank you, God, for helping us when we are sad." Thank you, God, for healing our boo-boos" "Thank you, God, for everything!" "Amen"

Note: Worship Helper information is now printed on the backside of the calendar for easier reference.

## Because of You:

This month, the stewardship committee has decided to report on the rental house owned by American Lutheran. The rental house is managed by the Wednesday morning Men's Fellowship Group.

As of the end of November, the total income received was \$5,862.90 and the total disbursements were \$5,257.51 for a "net income" of \$511.49. The disbursements included \$42.98 for repair and supplies, \$673.20 for property tax, \$412.00 for insurance, \$316.79 for utilities while the house was vacant during January and February this year, and \$3,812.54 for donations.

The donations included a gift to Pastor Janet Colby, Shetek Bible Camp for flooring and shelving installed by men from the Wednesday morning Men's Fellowship, Lutheran World relief to provide a cow for a family, and ELCA World Hunger to pay for digging a new well for a school. The Church Council also is planning to use some of the accumulated funds in the rental house account to purchase a defibrillator.

The rental house meets an important need in our community by providing housing for a family and we in turn are then able to support worthwhile causes.



### ENDOWMENT FUND UPDATE:

The Endowment Committee is pleased to announce that with donations from Endowment Sunday on November 22<sup>nd</sup> and the final Quiet Offering taken on December 13<sup>th</sup>, the total assets of the Endowment Fund stand nearly \$28,500.00. As this is written, we are very close to reaching our goal of having \$30,000.00 in assets by the end of the year.

The Endowment Fund this year granted \$250.00 each in the following categories:

- YOUTH - The Well
- LOCAL MISSION - Manna Food Pantry
- FOREIGN MISSION - John Fribergs ELCA Mission
- CAPITAL IMPROVEMENTS - Bathroom remodeling project

If you have not already done so, please make a donation to the Endowment Fund. You will find a special envelope dated November 26<sup>th</sup> in your Offering Box. Use it or a blank envelope labeled "Endowment Fund" for your gift and place it in the offering plate any Sunday

Thank you for making the Endowment Fund a great success. A special thank goes to those who have already given and to those who will give.  
**REMEMBER, THE LARGER THE FUND - THE MORE THAT IS GIVEN**

## Children & Family Information

### Important January dates:

BibleLand classes resume on January 10th.

Elementary Release Time meets on January 5th.



# Bible Land

In January, we will be learning about one of the Old Testament prophets, Daniel.

Some of the stations will be learning about the lion's den and others will learn about the fiery furnace. The over-all lesson the kids will learn is that when we listen to God, He takes care of us no matter how tough the situation may look to us.

Our next lesson will move to the New Testament to discover the details about Jesus' baptism in the Jordan River.

*Parents—remember the opportunity to attend BLAST.*

*January 10 and 31 will be the January dates for you.*

## Christmas Program Wrap-Up

If you haven't already, visit the church web site at [alcworthington.org](http://alcworthington.org) to view photos of the program. You may download/print them. We also have DVDs of the program available. We suggest a \$5 donation to cover the cost of supplies. Email [alcsylvia@frontiernet.net](mailto:alcsylvia@frontiernet.net) to place your order.

FYI: In the event of a late start on a Tuesday,  
there is no Release Time.

**CHILDREN/FAMILY MINISTRIES COORDINATOR**

Sylvia Andersen

Phone: 507-376-5264 Cell: 507-208-8597

email: [alcsylvia@frontiernet.net](mailto:alcsylvia@frontiernet.net)

## Play and Pray Starts THIS month!!

Play and Pray is exclusively for anyone who is in 6<sup>th</sup>, 7<sup>th</sup>, or 8<sup>th</sup> grades.

Come to the Fellowship Hall after 2<sup>nd</sup> Service on

Sunday, January 10<sup>th</sup>!

Come hungry, because we will feed you lunch!

Come full of energy, because we will be Playing a plethora of games!

Come excited, as we Pray to God (who we've been learning so much about in Confirmation)!

Come to Play and Pray!

## Confirmation Camp Meeting

An informational meeting will be held on Sunday, January 31<sup>st</sup> at 1:00 pm in the Fellowship Hall for all 7<sup>th</sup> grade confirmation students and their parents. Forms for confirmation camp will be given out as well as information about our week at camp. If you have any questions about the meeting or camp please contact Pastor Liz at 360-7230.

## Mt. Kato Ski Trip!

High school/middle school youth are invited to ski, snowboard, and tube on



**Sunday, January 17<sup>th</sup>**

We will meet at First Lutheran at 11:45 am (after 2<sup>nd</sup> service) to load up.

We will return between 9:30 pm and 10:00 pm

Tubing: \$28; Ski Rental: \$16; Snow Board Rental: \$16; Lift Ticket: \$16

Please sign up on Pastor Liz's door and turn in your deposit by **Sunday, January 10<sup>th</sup>**!

If you have any questions you can contact

Pastor Liz (360-7230) or Amy Lein (376-6148)

## High School Summer Trip Meeting

An informational meeting will be held on

**Sunday, January 31<sup>st</sup> at 2:00 pm**

in the Fellowship Hall for all High School students who have signed up for the Summer Mission/Adventure trip. The changes to the trip will be discussed, and forms for the trip will be handed out as well as information about our week long adventure. If you have any questions about the meeting or the trip (especially concerning the changes to the trip)

please contact Pastor Liz at 360-7230.



# NOTES from the Church Office

**THE PERSONNEL COMMITTEE OF ALC MEETS ON THE THIRD MONDAY OF EACH MONTH AT 7:00 PM in the Heritage Room.** We invite congregation members to bring concerns, ideas and other topics of discussion to the committee meeting. Staff members have been asked to encourage members to use this avenue as their time is valuable in other areas. Please consider using this as a communication tool. Also, please contact the church office ahead of time to be placed on the agenda.

**SENIOR SAINTS ANNOUNCEMENT**—Please join us for food and fellowship as we meet together as Senior Saints. You do not have to be a “senior” saint to join us!! Due to conflicts, we will now be meeting the 2nd Monday of each month beginning on January 11, 2010.

## Etta Janssen Scholarship

Applications for the Etta Janssen Memorial Lutheran College & Seminary Endowment Fund may be picked up at the church office. Applications are due on January 31, 2010 for the 2010-2011 school year The scholarship applicant must be a member of ALC, have completed one year of college and be enrolled full time in a college or seminary of the Lutheran Church. The applicant can receive a scholarship for a period of three years. If the applicant is preparing for full time church work, such as a pastor, the applicant can receive a scholarship for an additional three years. Applicants must apply each year.

## American Lutheran Church Scholarship

Applications for the American Lutheran Church Scholarship Program are now being accepted. The application process has two phases: 1) An intent to apply must be submitted by January 31 of each year. The intent to apply is simply a letter addressed to the ALC Scholarship Committee stating the student intends to complete the Application Form. 2) The final scholarship application form must be submitted by June 15. Application forms are available in the church office and all the regulations are attached to the application. To apply for this scholarship, a student must be a member in good standing at American Lutheran Church and must be at the sophomore or higher level at any undergraduate or graduate college or university. A student cannot simultaneously receive a scholarship from both the ALC Scholarship Program and the Etta Janssen Scholarship Program.

**MISSIONARIES**—Letters from our missionaries are posted on the wall in the narthex. Find out what is happening in their lives!

**KEEP YOUR E-MAIL CONTACT INFO UP-TO-DATE**—To help us save on postage, please inform the church office of your email address or if you have changed your address. Thank you!

## Miscellaneous Information

### *January Scripture Lessons*

**January 3rd - Second Sunday after Christmas**

Jer 31:7-14; Eph 1:3-14; John 1[1-9] 10-18

**January 10th - Baptism of our Lord**

Isa 43:1-7; Acts 8:14-17; Luke 3:15-17, 21-22

**January 17th - Second Sunday after Epiphany**

Isa 62:1-5; 1 Cor 12:1-11; John 2:1-11

**January 24th - Third Sunday after Epiphany**

Neh 8:1-3, 5-6, 8-10; 1 Cor 12:12-31a; Luke 4:14-21

**January 31st - Fourth Sunday after Epiphany**

Jer 1:4-10; 1 Cor 13:1-13; Luke 4:21-30

A big **Thank You** to the nearly 30 people who gathered Saturday, December 19<sup>th</sup>, to deliver Christmas baskets of various sorts to members of the congregation. 39 plants and 17 gifts cards were delivered to ALC members who have experienced loss in their immediate family in 2009. An additional dozen cards were sent which included a personal message from our Pastors. Thanks so much for those who donated to our Sharing Tree activity which funded the expression of “light” to our brothers and sisters in Christ. Also, thank you for donations of food to share with the local food shelves. To date over 300 items have been delivered to aid them in feeding those in need. Thank you for sharing the “light of the Holy Child” at Christmas!



Birthday and Wedding Anniversary announcements will now appear weekly in the worship bulletin—that way, it will be easier to remember to greet those whose special day is coming up. And, of course, our birthday callers will still be phoning those who have added a tally under their age column!

# STATISTICS

## ATTENDANCE

**December 6 - 378** (8:00-187; 10:15-191)  
**December 13 - 362** (8:00-199; 10:15-163)  
**December 20 - 311** (8:00-190; 10:15-121)  
**December 24** - (Christmas Eve) - Stormy—  
no services  
**December 27 - 281** (8:00-118; 10:15-163)

## The Joy of Giving Report

**Total Receipts: \$34,926.63**  
**(December 6-28)**

Current = \$23691.51  
Expansion = \$3823  
Special = \$1226.50  
Designated Mem = \$380  
Local Needs = \$100  
Christmas Decorations = \$25  
Endowment Fund = \$255.73  
Rental House = \$500  
E.J. Scholarship = \$100

Library Fund = \$123  
Special Projects = \$970  
Altar Flowers = \$227.24  
Reimbursables = \$1239.65  
Church Use = \$125  
Christmas Offering = \$2130  
Thanksgiving Offering = \$10

**Simply Giving = \$8244.68**  
**(as of December 28rd, 2009)**

Current = \$6691.26  
Expansion = \$486.59  
Special = \$816.83  
ALC Scholarship Fund = \$250

**Noisy Offering for**  
**December 2009 = \$164.79**

**Your 2009 Contribution**  
**Statements** will be available in the church office through April 15, 2009, Monday through Friday only.



### Baptism:

Ethan Joseph Anderson, (born October 8, 2009), son of Joseph and Sarah Anderson, was baptized at American Lutheran Church at the 10:15 a.m. service on Sunday, December 27, 2009. Sponsors for Ethan were Joel and Becky Heitkamp, Jason Anderson and Justin Anderson.

### Marriage:

Tiffany Raymo and Dustin Neugebauer were united in marriage at American Lutheran Church on Saturday, December 12, 2009 at 4:00 p.m.

### Funeral:

A Memorial Service was held at American Lutheran Church on Sunday, December 13, 2009 for Robert Edwards. Robert passed away on Tuesday, December 8, 2009.

## AMERICAN LUTHERAN CHURCH

915 Winifred St.  
Worthington, MN 56187  
Phone 507-376-5264  
Email: [aloffice@frontiernet.net](mailto:aloffice@frontiernet.net)

### Address Service Requested

Church Fax Number: 376-5475  
Church website:  
[www.alc.worthington.org](http://www.alc.worthington.org)  
Church Council:  
[alcouncil@frontiernet.net](mailto:alcouncil@frontiernet.net)

### Staff Email Addresses:

Pastor Mike:  
[pastormz@frontiernet.net](mailto:pastormz@frontiernet.net).  
Pastor Ryan:  
[pastorrr@frontiernet.net](mailto:pastorrr@frontiernet.net)  
Pastor Liz:  
[pastorlr@frontiernet.net](mailto:pastorlr@frontiernet.net)  
Sylvia:  
[alcsylvia@frontiernet.net](mailto:alcsylvia@frontiernet.net)

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
Permit 162  
WORTHINGTON, MINNESOTA



## January Worship Helpers

### ACOLYTES

- 3 - (8:00 a.m.) Kody Honius, Logan Wajer  
(10:15 a.m.) Myah Holinka, Allison Vote  
10 - (8:00 a.m.) Brenden Pham, Marissa Pham  
(10:15 a.m.) Rachel Koller, Kendall Schmitz\*  
Communion Servers: Kara Honius, Todd Peterson  
17 - (8:00 a.m.) Taylor Kruger, Will Dudley  
(10:15 a.m.) Makensie Carstensen, Tracy Prins  
24 - (8:00 a.m.) Theron Miller, Coltin Klosterman  
(10:15 a.m.) Morgan Metz, Nicole Prins\*  
Communion Servers: Morgan Jensen, Timothy Skog  
31 - (8:00 a.m.) Owen Hohensee, Gage Langerud  
(10:15 a.m.) Mark Demuth, Matthew Thier

### COFFEE SERVERS

- 3 - Marlyn & Corrine Mammen, Harlan & Pam Handevitd  
10 - Russell & Ann Obermoller, Roger & Clasine Lester  
17 - Larry & Janice Petersen, Andy & Jayne Johnson  
24 - Gary & Linda Prins, Greg & Barb Raymo  
31 - Dr. Craig & Karen Pfeifer, Scott & Sue Rose

### SENIOR CHARIOT DRIVERS

- January 3 - Carole Wiese (727-6555)  
January 10 - Dave & Jo Haugan (376-3471)  
January 17 - Dave & Janelle Saufley (376-5657)  
January 24 - Gary & Mary Brandt (376-9259)  
January 31 - Jesse & Carolyn Leopold (372-5811)

### GREETERS

- 3 - (8:00 a.m.) Gary & Linda Prins  
(10:15 a.m.) Mark & Kay Prunty  
10 - (8:00 a.m.) Herb & Elaine Rockne  
(10:15 a.m.) Mike Purdy & Ron Prins  
17 - (8:00 a.m.) Scott & Sue Rose  
(10:15 a.m.) Kieth & Marj Olson  
24 - (8:00 a.m.) Stacy & Kari Sauerbrei  
(10:15 a.m.) Richard & Linda Renken  
31 - (8:00 a.m.) Gary & Tammy Solma  
(10:15 a.m.) Jerry & Mavis Sandstrom

### READERS

- 3 - (8:00 a.m.) Duane H Anderson (10:15 a.m.) Steve Dudley  
10 - (8:00 a.m.) Lora Lee TimmKnuth (10:15 a.m.)  
17 - (8:00 a.m.) Roger Lester (10:15 a.m.) Kern Schwartz  
24 - (8:00 a.m.) Lola Lindquist (10:15 a.m.) Dan Horn  
31 - (8:00 a.m.) Irene Morrison (10:15 a.m.) Kim Jensen

### ALTAR COMMITTEE:

Jo Haugan, Sheryl Kucker, Marj Olson, Shirly Wieme

### BUSY BAGS - Michelle Honius

### SOUND SYSTEM

- 3 - Craig Pfeifer  
10 - Doug Obermoller  
17 - Bob Wieme  
24 - Rich Besel  
31 - Nick Steinle

### CAMCORDER

- 3 - Mark Demuth  
10 - Bob Wieme  
17 - Greg Kvilhaug  
24 - Bob Demuth  
31 - Sandy Demuth

### COMMUNION HELPERS:

- 3- (8:00 a.m.) Chuck Barkuloo, Ronnie Noerenberg, Dale & Joanne Carlson  
(10:15 a.m.) Dennis & Rachel Aanenson, Erlin Weness, Linden Olson  
17 - (8:00 a.m.) Harold & Diane Chapa, Dennis & Marie Weeks  
(10:15 a.m.) Judy Benson, Kris Besel, Kieth Olson, Jim Christensen

### COUNCIL HOSPITAL VISITATION - Dick Rickbeil

LUTHERAN WOMEN HOSPITAL VISITATION -  
LeAnn Miller (January 4-10); Connie Voss (January 11-17);  
Connie Wienrank (January 18-24); Lois Winch (January 25 -  
31);

### COMMUNION PREPARATION HELPERS

- 3- Saturday Fill: Pam & Harlan Handevitd  
Refill: Dorothy Hoeft, Judi Hoevet Clean-Up: Elaine Hovland, Sharon Johansen  
6 - Fill: (& if possible, clean-up) Nancy Zasko  
10 - Fill: Karen Juber; Clean-up: Muriel Kahnk  
13- Fill: (& if possible, clean-up) Cindy Anderson  
17- Saturday Fill: Darlene & Gerould Iverson  
Refill: Sheryl Kucker, Heidi Langerud Clean-Up: Carolyn & Jesse Leopold  
20- Fill: (& if possible, clean-up) Barb Karsten  
24- Fill: Lola Lindquist Clean-up: Corrine Mammen  
27 - Fill: (& if possible, clean-up) Joyce Soderholm

FINANCIAL COUNTERS - (Team 3) Margaret Willardson,  
Darlene Broste, Jason Behrens, Burt Levine, Diane Levine

### USHERS

**Team 7 (8 a.m.):** Marlyn Mammen, Corrine Mammen, Verne Correll, Val Correll, Chad Mammen, Dennis Rick, Al Polzine, Roxann Polzine, Shauna Petersen/Pham

**Team 6 (10:15 a.m.):** Lyle Oberloh, Derek Schmitz, Jason Vote, Pat Dorn, Cammie Dorn, Jacob Dorn

### NURSERY

- 3 -(8:00) Sandy Beckering (10:15) Genny Turner  
10 -(8:00) Sandy & Mark Demuth (10:15) Shauna Pham & children  
17 -(8:00) Judy Knuth (10:15) Kolleen Stubbe  
24 -(8:00) Tammy & Rachel Koller (10:15) Heather Abdulrahman & children  
31 -(8:00) Karen Pfeifer, Kirsten Aljets (10:15) Lori, Ellen & William Dudley

### BIRTHDAY CALLERS

Pat Sailor (January 1-15), Rachel Ponto (January 16-31)

# January 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> Pastor Mike's Day Off <i>Happy New Year</i> Church Offices Closed	<b>2</b>
<b>3</b> 8 & 10:15 Worship/Comm 9:00 Coffee Fellowship 9:15 Bibleland / S.S. 10:15 Children's Church Youth Singers	<b>4</b> Pastor Radtkes' Day Off  2:00 Leah Circle - (Jan Egeland home)	<b>5</b> 8:45 Elementary R.T 9:30 Mary Circle (Carol Fleming's home) 10:00 S. Shore Care Center Communion 7:00 Esther Circle 8:00 AA Big Book/Al-Anon	<b>6</b> 6:30 Men's Fellowship 9:00 Quilt Tying 1:30 Staff  5:30 T.T. Worship / Bell Choir 6:30 Confirmation 7:15 Chancel Choir 7:30 The WELL	<b>7</b>  10:30 Bulletin Deadline	<b>8</b> Pastor Mike's Day Off  6:30 McPrayer  4:00 Junior Choir	<b>9</b>
<b>10</b> 8:00 & 10:15 Worship 9:00 Coffee Fellowship 9:15 Bibleland/S.S. Youth Singers 11:30 Play & Pray - (M S Youth Group)	<b>11</b> Pastor Radtkes' Day Off  11:30 Sr. Saints  6:30 LW Board Mtg. (HR)	<b>12</b> 8:45 Elementary R.T 2:00 Ruth Circle 5:30 Thrivent 5:45 Stewardship Mtg (HR) 6:30 EJMF Scholarship 8:00 AA Big Book/Al-Anon	<b>13</b> 6:30 Men's Fellowship 9:00 Quilt Tying / Martha Circle 12:30 Executive Meeting 1:30 Staff Meeting 5:30 T. T. Worship / Bell Choir 6:30 Confirmation 7:15 Chancel Choir 7:30 The WELL	<b>14</b> 8:30 WACMA 10:30 Bulletin Deadline	<b>15</b> Pastor Mike's Day Off  6:30 McPrayer  4:00 Junior Choir	<b>16</b> 7:30 Men's Prayer Breakfast
<b>17</b> 8:00 Worship/Comm. 9:00 Coffee Fellowship 9:15 Bibleland / S.S. 10:15 Alternative Worship with Children's Church Youth Singers 11:45 Mt Kato Ski Trip	<b>18</b> Pastor Radtkes' Day Off   7:00 Personnel Committeee	<b>19</b> 8:45 Elementary R.T  5:30 Youth Council Mtg  8:00 AA Big Book/Al-Anon	<b>20</b> 6:30 Men's Fellowship 9:00 Quilt Tying 1:30 Staff Mtg. 6:00 Parish Ed Mtg 6:30 Confirmation 7:15 Chancel Choir Rehearsal 7:30 The WELL <b>MESSENGER DEADLINE</b>	<b>21</b> 9:00 Shetek Pastoral Mtg. 10:30 Bulletin Deadline  6:30 Church Council 6:30 Wills, Gifts & Memorial Mtg.	<b>22</b> Pastor Mike's Day Off  6:30 McPrayer  4:00 Junior Choir	<b>23</b>
<b>24</b> <b>Noisy Offering Sunday (week early)</b> 8:00 & 10:15 Worship 9:00 Coffee Fellowship 9:15 Bibleland / S.S. Annual Congregational Mtg	<b>25</b>  6:30 Worship & Music Mtg.	<b>26</b> 8:45 Elementary R.T   8:00 AA Big Book/Al-Anon	<b>27</b> 6:30 Men's Fellowship 9:00 Quilting 1:30 Staff Mtg. 5:30 T.T. Worship / Bell Choir 6:30 Confirmation 7:15 Chancel Choir Rehearsal 7:30 The WELL	<b>28</b>  10:30 Bulletin Deadline	<b>29</b> Pastor Mike's Day Off  4:00 McPrayer  Wedding Rehearsal	<b>30</b>  Lundin Wedding
<b>31</b> 8:00 & 10:15 Worship (Toby Waldowski Guest Worship Leader) 9:00 Coffee Fellowship 9:15 Bibleland / S. S. Youth Singers 1:00 Parent/Student Mtg-Conf. Camp 2:00 Parent/Student Mtg-						

# LUTHERAN WOMEN



January  
2010



## Christmas Salad Buffet Enjoyed by Many

108 women and guests enjoyed the festive Christmas Salad Buffet on December 1<sup>st</sup>. The Fellowship Hall tables were decorated with mirrors, glass candleholders and royal blue details. How beautiful! The delicious selection of salads was generous and contained plenty to satisfy all appetites. Following the meal, a meaningful program entitled "A Prophecy Fulfilled," written by Lola Lindquist, was presented by members of Esther Circle and Lola. The congregation enjoyed singing familiar Christmas carols in between the narrative sections entitled "Prophecy," "A Virgin Conceives," "Joseph's Response," "Bethlehem," "News to the Shepherds," "Host of Angels," "The Shepherds' Response," "Mary's Response," and importantly "Our Response." *Thanks* to all the participants and helpers for this anticipated evening of preparation for Christmas!

Many thanks to:

- Ruth Circle for the decorations.
- Esther Circle and Lola for the program.
- Martha Circle for setting up and serving.
- Leah and Mary Circles (and husbands) for cleaning up.
- Sylvia Andersen for playing the keyboard.
- All the preparers of the excellent salads.

Hopefully this special evening helped prepare our hearts for the Christmas season.

## Prayer for Peace

Lead me from Death to Life, from  
Falsehood to Truth. Lead me from  
Despair to Hope, from Fear to Trust.  
Lead me from Hate to Love, from War to  
Peace. Let peace fill our Heart, Our  
World, Our Universe.

- Mother Teresa



## Time and Talents



Thanks to all of you who completed a women's Time and Talent Sheet this fall! As an organization, Lutheran Women carries on meaningful ministries within our congregation, in our community, around our region and throughout the world. Because you offered to help in numerous ways, we can continue to participate in these ministries. The Lutheran Women Board recently adopted an expense budget for the coming year of \$6,675 which details our giving and our program support. **YOU** are the ones who use those dollars faithfully and who work with enthusiasm in meaningful areas of ministry of your choice. **YOU** make the quilts for Lutheran World Relief using budgeted funds and other donations. **YOU** purchase and present the Confirmation gifts to the newly confirmed using Lutheran Women dollars. **YOU** work in the kitchen at funerals and use equipment and supplies purchased by the women's treasury. **YOU** attend Synod and Conference gatherings on behalf of our congregation and take along offerings from our budget. **YOU** offer to serve as committee chairpeople and officers so that ministry can get done. **THANK YOU** to all our **YOU** who offered to serve the Lord through the ministries of Lutheran Women during the next year. It cannot get done without **YOU!**



## God's Bodily Foods



Here is the fourth food in a list of foods that are best and more powerful when eaten raw. God, the creator of the first garden, left us clues as to what foods help what part of the body. A **WALNUT** looks like a little brain, a left and right hemisphere, upper cerebrums and lower cerebellums. Even the wrinkles or folds on the nut are just like the neo-cortex. We now know walnuts help develop more than three dozen neuron-transmitters for brain function.

## Health Kit Record Set Again!



We have far, far surpassed our original goal of completing 50 Health Kits for Lutheran World Relief. *Thanks to you*, we have made **113** kits! The cash donations received allowed for the purchase of needed items to complete the extra kits. Thanks to the Goettsches for delivering the kits to the LWR warehouse in Minneapolis. Know that our Lutheran Women organization has responded to the urgent need for more health kits used in refugee camps around the world. (LWR partner organizations are awaiting more health kits in the countries of Azerbaijan, Burkina Faso, Jordan, Niger, Philippines, Gaza, Thailand and Uzbekistan.)

*Our Health Kit project will resume in February again and continue until spring. Watch for helpful sales!*

## Circle Officers



Circles are reminded to get your new officers' names to the church office for inclusion in our new yearbook - chair, treasurer, Mission Action, Mission Growth, Mission Community and Nominating Committee. *Thanks.*



*Many thanks* to Jeanene Townswick for tabulating all the blue women's Time and Talent sheets this year. Her computer skills are appreciated both in the entering of all the data from our completed sheets and in the preparation of the lists of volunteers that are necessary for our committee work. *Thanks, Jeanene, for sharing your talent!*

## 5 MINUTE CHOCOLATE MUG CAKE

### INGREDIENTS

- 4 Tbsp flour
- 4 Tbsp sugar
- 2 Tbsp Equal Exchange Organic Hot Cocoa
- 1 egg
- 3 Tbsp milk
- 3 Tbsp oil
- 1/4 tsp vanilla extract

### DIRECTIONS

Combine flour, sugar, and hot cocoa in a ceramic mug. Add the following, mixing well after each: egg; milk and oil; vanilla extract. Put mug in the microwave and cook for 3 minutes on high. Note: The cake will rise over the top of the mug. Allow to cool a little before serving. Eat directly from mug, or tip out onto a plate to serve.



There is no  
better exercise  
for the heart  
than reaching  
down and  
lifting someone  
up.

## A requested recipe served at the Salad Buffet:

### Corn Salad (Pam Handevidt)

- 2 cans yellow corn, drained
- 1 can white corn, drained
- Add 1 cup shredded cheddar cheese and 1 cup mayonnaise
- Refrigerate. Before serving, add 1/3 bag of Jalapeno potato chips slightly crushed. (Pam used kettle chips.)

Next  
Lutheran  
Women  
Board  
Meeting

Monday,  
January 11,  
2010  
6:30



Keep saving T-shirts! We will have a diaper sewing day in the spring. Needed: adult size large or bigger.