

## PUT YOUR HOPE IN GOD ~ Psalm 42 - 43

### → Scripture Reading Psalm 42:1-5

#### WHERE IS GOD? ~ Psalm 42:1-5

[1] As the deer pants for streams of water, so my soul pants for you, O God. [2] My soul thirsts for God, for the living God. When can I go and meet with God? [3] My tears have been my food day and night, while men say to me all day long, "Where is your God?" [4] These things I remember as I pour out my soul: how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng. [5] Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and [6] my God.

#### WHY GOD? ~ Psalm 42:6-11

...[6] My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon--from Mount Mizar. [7] Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me. [8] By day the LORD directs his love, at night his song is with me--a prayer to the God of my life.[9] I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?" [10] My bones suffer mortal agony as my foes taunt me, saying to me all day long, "Where is your God?" [11] Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

#### RESCUE ME O GOD - Psalm 43:1-5

[43:1] Vindicate me, O God, and plead my cause against an ungodly nation; rescue me from deceitful and wicked men. [2] You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy? [3] Send forth your light and your truth, let them guide me; let them bring me to your holy mountain, to the place where you dwell. [4] Then will I go to the altar of God, to God, my joy and my delight. I will praise you with the harp, O God, my God. [5] Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

#### APPLICATION

##### To PURSUE GOD BECAUSE...

- He is WORTH Pursuing
- our VALUE and PURPOSE Truly Come from God
- true Joy and Happiness come only when we are FULLY SATISFIED in Christ

**Hebrews 10:23-25** (NIV) Let us hold unswervingly to the HOPE we profess, for he who promised is FAITHFUL. [24] And let us consider how we may spur one another on toward love and good deeds. [25] Let us not give up meeting together, as some are in the habit of doing, but let us ENCOURAGE one another - and all the more as you see the Day approaching.

Worship is a place for testimony and celebration. It is a time for confession and forgiveness. It is a place where we remember the past, receive power to face the present, and gain hope for tomorrow. NIV App. Comm.

## APPLICATION

### MOVING TOWARDS HOPE Wiersbe

#### ➤ Stop **LOOKING** at Yourself

**Psalm 42:11** (NIV) Why are you downcast, O my soul? Why so disturbed within me? Put your HOPE in God...

#### ➤ Stop **LIVING** in the Past

**Psalm 42:11** (NIV) Why are you downcast, O my soul? Why so disturbed within me? Put your HOPE in God...

#### ➤ Stop **SEARCHING** for the Reason **WHY?**

**Psalm 42:11** (NIV) Why are you downcast, O my soul? Why so disturbed within me? Put your HOPE in God...

#### ➤ Trust God's **GOODNESS**

**Ps. 136:1** (ESV) Give thanks to the LORD, for **HE is GOOD**, for his steadfast love endures forever.

**Psalm 42:11** (NIV) ...Put your hope in God, for I will yet praise him, my Savior and my God.

#### ➤ **EXERCISE** (apply) **your WILL**

**Psalm 42:11** (NIV) Put your hope in God, for **I WILL YET PRAISE HIM**, my Savior and my God.

#### ➤ Trust His **PROMISES**

**Psalm 42:11** (NIV) Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, **MY SAVIOR** and **MY GOD**.

## TAKE AWAY ??

➔ **Hope is Waiting on God and Trusting in God no matter What comes**

**Romans 15:13** (NIV) May the God of HOPE fill you with ALL JOY and PEACE  
**AS** you TRUST in him, **SO THAT** you may OVERFLOW WITH HOPE  
*by the POWER of the Holy Spirit.*