

Saint Mark Catholic Church

18033-15th Place Northeast • Shoreline, WA 98155

Parish Office
Phone: (206) 364-7900
Fax: (206) 367-3919
Email: stmarkoffice@gmail.com
Website: www.stmarkseattle.org

Pastor
Fr. W.R. Harris (206) 364-7900

Staff

Pastoral Assistant for Administration and Finance:
Rick Altenhofen (206) 364-7900
stmarkfinance@gmail.com

Pastoral Assistant for Faith Formation:
Marylee Schaeffer (206) 364-7900
stmarkfaithformation@gmail.com

(K-8): Ellen Sherman (206) 365-5386

Administrative Assistant:
Linda Sullivan (206) 364-7900
stmarkoffice@gmail.com

Pastoral Assistant for Music:
Gregory Teeter (206) 329-2641
gregoryteeter@comcast.net

Outreach Coordinator:
Claudia Sargent (206) 364-7900

Facilities & Grounds Manager:
Cameron Johnson

St. Mark School (206) 364-1633
St. Mark Pre-school (206) 363-7100
Email: frontdesk@stmss.org

Principal: Kathryn Keck (206) 364-1633
Email: principal@stmss.org

MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.
Saturday Vigil: 5:00 p.m.
Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

MARRIAGE

Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact Dick Johnson (425) 821-6392.

IN-PARISH NEWS

THE LIGHT WEIGH IS COMING!

The Light Weigh is coming to St. Mark Church. Would you like to learn how to eat the foods you enjoy while you lose weight? Would you like to get peace with food and get off the diet roller coaster? Give God a chance and rediscover the freedom from food you had as a small child! A Light Weigh Orientation Meeting will be held at 12:30pm on Sunday, Sept. 27 in the Pastoral Center. Come and find out about The Light Weigh Bible Study-Video Series and how this program has been a blessing for others. Contact Christine Gallagher 425-488-7264.

CALLING ALL LADIES!!!



The Ladies Guild is having their first fall meeting on Wednesday, September 16, at 7 pm in the Pastoral Center. This group spends lots of time in fellowship and also in service to our church including hosting bake sales and an annual social event in the spring. Please feel welcome to

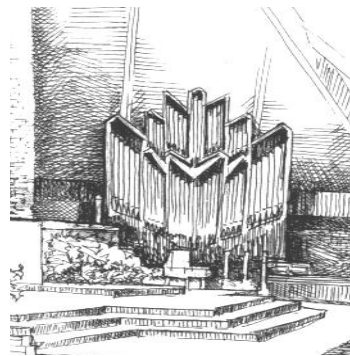
join this group at their first fall meeting.

MINISTRY SCHEDULE

	Sat. Sept. 19 5:00 pm	Sun Sept. 20 7:30 am	Sun Sept. 20 9 am	Sun Sept. 20 11 am
EM's	Ellen S.	Rey A.	Cornelia M.	Ine Y.
	Rodger O.	Vina A.	Jerry M.	Glenn D.
			Paul B.	Becky D.
			Steve A.	Sue D.
Reader	Peter B.	Lee L.	Camille P.	Bert G.
Servers	Sam R.	Isaiah T.	Shelby M.	Abby F.
	John McV.	Alexander T.	Yasmine Z.	Mary M.

	Sept. 15-19
Servers	TJ H.
	Bennett J.

PRAY THE ROSARY
Families meet at 6:30pm in Church.
Please come!



ST. MARK CONCERT SERIES

St. Mark is hosting its first ever concert series. The five concerts, which will be offered at 3:00 PM on Sunday afternoons throughout the year, will feature the new Leeflang Organ, the St. Mark Schola Cantorum, and guest brass and string players. The intent is to offer outstanding classical sacred music to St. Mark parishioners and music lovers from other parishes in our area. The series is a unique opportunity for the parish to reach out to the community. The first concert will be given on October 11th.

If you are interested in helping with publicity, receptions, ushering, or any other task associated with the concerts, please contact Greg Teeter at gregoryteeter@comcast.net or at 206.329.2641.

HOSPITALITY

September 13—Today the Knights are having their Fall Pancake Breakfast. Proceeds from this breakfast go to Bishop White Seminary in Spokane

September 20—The Knights are hosting doughnuts.

ST. MARK MUSIC PROGRAMS

St. Mark School Music Groups

The school choir will rehearse on Friday mornings at 8:30am in the school music room. This choir is open to all St. Mark students in grades 3-8 who can commit to regular attendance. The first rehearsal is Friday, **September 11th.**

HANDBELLS will rehearse Fridays 9:05-9:30am.

St. Mark Choirs

St. Mark Parish Sunday Choirs will resume their fall rehearsal schedule on **Thursday, Sept. 10th.**

- The 7:30am Mass Men's Chant Choir and the 11:00am Mass Women's Group meet simultaneously from 7:00-7:40pm.
- The 9:00am Choir meets from 7:30-8:30pm. All new and returning singers are welcome.

Contact Greg Teeter at (206)329-2641 or at gregoryteeter@comcast.net for more information.

SCHOOL & FAMILY NEWS

SCHOOL BEGAN SEPT. 9

If you are interested in enrolling your child in either the pre-school or grades K-8, please call St. Mark School and speak to Nancy Stevenson or Kathy Keck (206) 364-1633.

FAITHFUL STEWARD PLAN

The **Faithful Steward Plan** makes Catholic Education accessible to every child in the parish. It puts proportional emphasis on the three stewardship principles of contributing Time, Talent, and Treasure and can remove financial barriers to sending children to our school. There are openings at every grade level. If you would like information, call: 206-364-1633 or frontdesk@stmss.org

SCHOOL PARENTS: School tuition payments may be made to the Parish Office or they may be mailed or put in the collection basket in the pink envelope that comes with your statement.

WHAT ARE THE REAL RESULTS OF ABORTION?

If you would like to know some of the results of abortion there are two videos I highly recommend. The "Defending Life" videos are the very thing to see. One tape tells the story of two women and their daughters, both of whom received a so-called "safe and legal abortion." The results were devastating; while one girl's life was ended, the other girl's life was destroyed. The second tape is an interview with Dr. Bernard Nathanson, who tells about the history and facts of abortion.

If you would like to see these videos, as well as others, check out the lending library in Sullivan Hall.

Submitted by Gabrielle Corduan, age 12, a sixth grader at St. Mark Catholic School.



WHO IS ATTENDING CENTRAL WASHINGTON UNIVERSITY?

Fr. Wilmar Zabala, the Vocation Director from the Diocese of Yakima has written because he needs our help. His goal at Central Washington University in Ellensburg is to reach out to as many students as he can. Many students come from our side of the state, so he would like to know about students attending Central Washington University this Fall. He would like their names and contact information. His plan is to tell them about Catholic Campus Ministry at CWU and invite them to our liturgical and social events. He would greatly appreciate your help. E-mail him at: ccmcwu@fairpoint.net

ATTENTION LIBRARY VOLUNTEERS

Each Tuesday, adults from our Parish meet with our eager Kindergarten, first, second, and third grade students to explore the magical world of books and to practice newly acquired reading skills.

We will have an informational meeting for current and potential new volunteers, on Tuesday September 22nd, at 9:15 am in the school library. I am looking forward to seeing all of you who have helped in the past and *am specifically looking for volunteers who can substitute when a regular volunteer is absent.*

If you would like to make a valuable contribution to the education of our students here at St. Mark, you are cordially invited to join us. For more information please contact Barbara Fortney at 206-364-9617



CHEERLEADERS

Archbishop Murphy High School is hosting a junior cheer clinic for students in grades K-8. The 8th annual clinic will be held at AMHS Saturday, September 19 from 10:00am to 3:00pm. Participants will cheer at the September 25 AMHS football game. For more details, please visit the AMHS website: www.am-hs.org

PERPETUAL ADORATION



Ready-or-not, school is in. Fall fell and the weather is no longer conducive to outdoor activities.

Frankly, we need people. The summer was active with comings and goings and we came out with a net loss.

There are no vacant hours, but there are people who are heroically filling in; while an hour or two with the Lord is never a punishment, if one is doing too much of it, there can be a health issue.

As we've stated, our goal is to have two Adorers, each from a different source, in each hour. We are far from that, and some hours are in need of a second person. God will never interfere with our free will, but He will remember the way we used it.

Please consider an hour in the chapel. And the benefit redounds to you more than anyone else. Give it a chance...it's the best hour you'll spend in any week.

God bless,

Your Adoration Staff (425) 821-6392

YOUTH FOR LIFE CAR WASH

The Youth for Life are sponsoring a CAR WASH on Saturday, September 19 from 8-1:30. The location will be in front of the Pastoral Center and all proceeds will go to the Angelorum Pregnancy Center.



40
DAYS
FOR
LIFE™



RESPECT LIFE

Forty Days for Life Sign-up This Weekend

After all the Masses this weekend (September 12 & 13), we will be signing people up for the Fall "40 Days for Life" campaign which starts September 23 and ends November 1. If you can help with sign up, please contact Matt Ulrich - mgulrich@hotmail.com. And if you are able to participate in the prayer vigil, please let Matt know or email Everett40days@gmail.com.

Respect Life Committee This Wednesday

Our next committee meeting is Wednesday, September 16, in Sullivan Hall, 7 PM. All are invited to attend. The group will be finalizing its activities for October - Respect Life month.

Information on Catholic Bishops' Response to Health Care Reform

The United States Conference of Catholic Bishops (USCCB) has launched a website promoting its support of "truly universal health policy with respect for human life and dignity." The page, www.usccb.org/healthcare, includes letters from bishops to Congress, videos, facts and statistics, frequently asked questions, and links for contacting members of Congress. Letters to Congress include an August 11 letter by Cardinal Justin Rigali, the bishops' Pro-Life chairman, criticizing abortion provisions in the House version of health care legislation and a July 17 letter from Bishop William Murphy, the bishops' Domestic Social Justice chairman, outlining the bishops concerns and priorities for health care reform as a whole.

USCCB Position on Health Care Reform

- a truly universal health policy with respect for human life and dignity
- access for all with a special concern for the poor and inclusion of legal immigrants
- pursuing the common good and preserving pluralism including freedom of conscience and variety of options
- restraining costs and applying them equitably across the spectrum of payers

To [read the letter to Congress: "Help Reform Health Care, Protect Human Life and Dignity," go to:](http://www.usccb.org/sdwp/national/2009-07-17-murphy-letter-congress.pdf)
<http://www.usccb.org/sdwp/national/2009-07-17-murphy-letter-congress.pdf>

MEN SEEKING CHRIST

Friday, September 18, 2009, 7-9 pm

We have just finished celebrating the Year of St. Paul and we have heard him exclaim in his epistles “For me to live is Christ!” and “It is no longer I, Paul, who lives, but Christ who lives in me.”

How can we “put on Christ” like St. Paul?

- ◆ It involves growing in knowledge, virtue and grace. This is a grand calling and to achieve it we must make time to reflect more deeply on these truths and find practical ways to imitate the life of Christ in the home, the workplace, and all the arenas of social life.

This Friday, September 18, at 7:00 pm the men of St. Mark Parish and their friends will have the opportunity to become the founding members of “Men Seeking Christ.” These men will receive deeper insights into how to live a life of virtue and relate the truths of their faith to everyday circumstances in the modern world.

- ◆ There will be two, succinct half-hour presentations, followed by a short time for personal prayerful reflection and finishing with a “social hour” to exchange ideas and build friendships.
- ◆ All are invited to join Fr. Harris and guest speakers Kirk Kanzelberger and Mike Kelleher for fellowship and spiritual growth.
- ◆

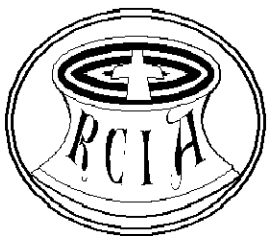
Please come and invite your friends to our new men’s group.

LITURGY & FAITH FORMATION

FAITH FORMATION CLASSES STARTING DATES

Enrollment is now open for Faith Formation Classes. **Beginning September 13, four and five year olds meet on Sunday mornings during the 9 am Mass in the Pastoral Center. Beginning September 16, grades 1-8 meet on Wednesday evenings in the school.**

Registration is also open for First Penance, First Communion, and Confirmation classes. Contact: Marylee Schaeffer or Ellen Sherman at 206-364-7900 or stmarkfaithformation@gmail.com.



You are Invited!

Do you have a yearning to find out more about the Lord and what He might want for you? Do you have a longing for a closer relationship with God? Is your spouse, fiancé, or friend

Catholic and you would like to know more about their faith? Whether you are un-baptized or baptized in another Christian denomination and are interested in joining the Catholic faith, or you just want to gain a deeper understanding of the Church's teachings, we encourage you to enter this unique process.

Please call the Parish Office at (206) 364-7900 if you would like more information. We welcome your inquiries and look forward to speaking with you.

SOCIAL JUSTICE



SOCIAL JUSTICE MEETING

If you have a passion to help those less fortunate and want to make a difference in our world today, we invite you to join the Social Justice Committee Meeting at 7 pm on Thursday, September 17 in the Pastoral Center.

OUT OF PARISH NEWS

FINANCIAL HOPE: BUDGETING 101

On Wednesday, September 23, get down to basics and straighten out your financial life with "Budgeting 101," presented by Blessed Sacrament Church's Office Manager Debbie Gonzalez and Business Analyst and Knight of Columbus Joe Labore. The workshop is free, and starts at 7 pm in Blessed Sacrament Church's Parish Hall, 5050 8th Avenue NE. For more information, contact Christopher Murray: 206.732.7342 or info@bspwa.org.

IS YOUR MARRIAGE TEARING YOU APART?

Retrouvaille, a Catholic Program, can help!

Details: helpourmarriage.com

Next program: September 18-20, 2009

We are familiar with the names of the rich and famous, leaders of nations, and sports stars. Thanks to the media, we know how these people look, act, and live. But beyond the superficial, do we really know who they are? It can be the same with our Christian faith. "I believe in God." "I follow the Ten Commandments." "I keep the doctrines and rules of the Church." But Jesus asks Peter, "Who do you say that I am?" This question follows us on our life journey, a quest to come to terms with the identity of Jesus. Who is Jesus for me? Where do I find Him?

The New Testament gives us a glimpse into Jesus' identity. The answer to Saul's outrage against Christians, is "I am Jesus, whom you are persecuting." (Acts 9) In the final judgment, Jesus says, "What you did not do for one of these least ones, you did not do for me." (Mt. 25) Jesus identifies Himself with the persecuted and the poor. He identifies with the hungry, thirsty, naked, and captive because He is good news to them.

Jesus is known through the gospels and in the Sacramental presence of the Eucharist. We find Him in the Body of Christ, the body of the poor, and those who struggle for justice. At Eucharist, we can ask ourselves, "Who do we say we are?"

Robert Dueweke



TIME: 6:00 PM Pizza • 6:30-8:00 PM Meet

DATE: Every second and fourth Thursday of the month

PLACE: St. Mark School GYM



Marie Harkins is founder and president of Youth for Life



Kristine Mauss is founder of Theology of the Body NW



Camille Pauley is founder and president of Healing the Culture

First Meeting:
Thursday
September 24

9-12 Grade

For info, call (206) 364-7900 or (206) 550-5347