

# Saint Mark Catholic Church

18033-15th Place Northeast • Shoreline, WA 98155

Parish Office  
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Email: [stmarkoffice@gmail.com](mailto:stmarkoffice@gmail.com)  
Website: [www.stmarkseattle.org](http://www.stmarkseattle.org)

**Pastor**  
Fr. W.R. Harris (206) 364-7900

**Staff**  
*Pastoral Assistant for Administration and Finance:*  
Rick Altenhofen (206) 364-7900  
[stmarkfinance@gmail.com](mailto:stmarkfinance@gmail.com)  
*Pastoral Assistant for Faith Formation:*  
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(K-8): Ellen Sherman (206) 365-5386  
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*Outreach Coordinator:*  
Claudia Sargent (206) 364-7900  
*Facilities & Grounds Manager:*  
Cameron Johnson  
**St. Mark School** (206) 364-1633  
**St. Mark Pre-school** (206) 363-7100  
Email: [frontdesk@stmss.org](mailto:frontdesk@stmss.org)  
*Principal:* Kathryn Keck (206) 364-1633  
Email: [principal@stmss.org](mailto:principal@stmss.org)

## MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.  
Saturday Vigil: 5:00 p.m.  
Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

## CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

## BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

## MARRIAGE

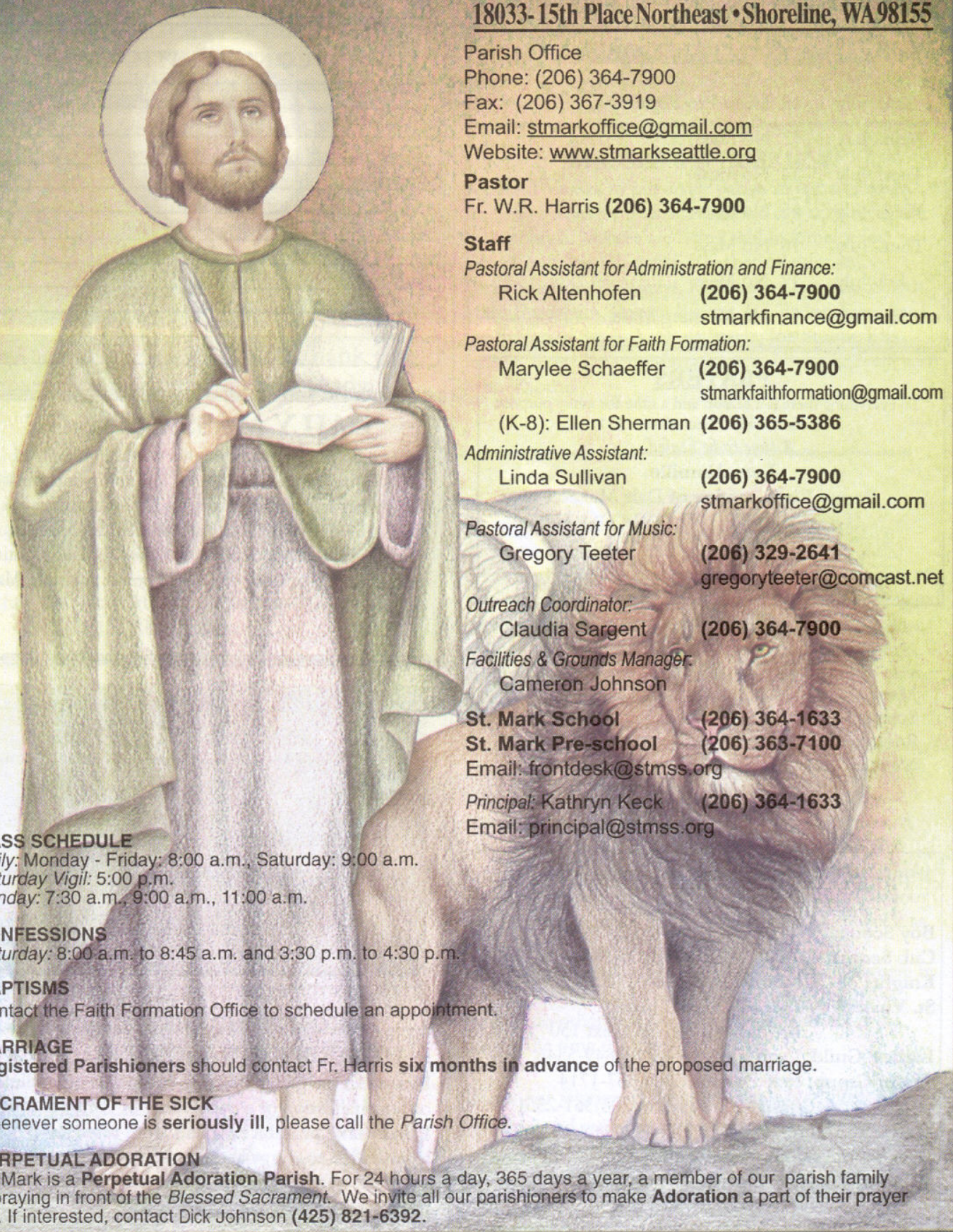
Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

## SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

## PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact Dick Johnson (425) 821-6392.





# IN-PARISH NEWS

## A MESSAGE FROM FATHER HARRIS

During this respect life month we are mindful of the many children who have lost their lives to abortion. Father Harris recently viewed a video that impressed him about the essential truth that underlies abortion. For those who believe in every child's right to life, this video will be an encouragement to keep up the fight. For those who believe in a woman's right to choose, this video may be enlightening about just what it is that is being chosen.



**Warning: This video contains very graphic content**

Eduardo Verastegui's  
"Dura Realidad (Hard Truth)"

[http://www.youtube.com/watch?v=9JOE\\_Jg2dy0](http://www.youtube.com/watch?v=9JOE_Jg2dy0)

(Eduardo Verastegui is the actor from the movie *Bella*.)

## MINISTRY SCHEDULE

### NOVEMBER 2, 7 PM ALL SOULS REQUIEM MASS

EM's: Ellen Sherman and Lourdes Maganis

Reader: Nick Jackman

Servers: Sr. Servers

	Sat. Oct 31 5:00 pm	Sun Nov 1 7:30 am	Sun Nov 1 9:00 am	Sun Nov 1 11:00 am
EM's	Rodger O.	Rey A.	Evelyn A.	Pat D.
	Annie H.	Vina A.	Nelson A.	Anna D.
			Paul B.	Sue D.
			John E.	Ine Y.
Reader	Marylee S.	Jim A.	Zsolt D.	James R.
Servers	Vincent K.	Alexander T.	Sr. Servers	Sr. Servers
	Luke VH.	Isaiah T.	Sr. Servers	Sr. Servers

	Oct 27-Oct 31
Servers	Shelby M.
	Yasmine Z.

## PRAY THE ROSARY

*There will be no family rosary on November 2.*

## Remembering Our Loved Ones



On Saturday, November 7, after the 5 pm Mass, the parish will host a potluck dinner in the cafeteria for those who would like to remember their loved ones who have died. Please bring either a salad or hot dish to share which will serve 6 or more. If you are going to the 5pm Mass, please bring your food to the cafeteria before going to the church. The parish will provide the dessert, rolls, and drinks. You are encouraged to bring a picture or memento of your loved one to place on our prayer table. This is also an opportunity to meet others who share your grief and talk about your loved ones—and also to meet the Compassion Apostolate Team. Please call Jan Zambrano, Compassion Apostolate team leader, at (425) 774-3146 if you have any questions.

## SUNDAY CONTRIBUTIONS

Please take a moment to read this information about your Sunday contributions. With just a little help from you, we can make the job for our money counters so much easier.

- ◆ Please use your envelopes whenever you can. If you misplace them, please write your parish number on your check. This makes recording easier and more efficient
- ◆ We can no longer accept foreign coin or currency. If you put foreign currency in your offering envelopes, you will not receive credit for it. We only accept US currency.
- ◆ Please don't combine a mission check with a Jamaica check with a weekly contribution. Write a separate check for each category to which you are donating. Splitting a check frequently leads to errors in posting to your account.

Thank you very much for helping the counting process.



## PERPETUAL ADORATION



We warned you. The 10:00 a.m. hour on Monday has been taken and the 4:00 - 5:00 a.m. hour Thursday has the needed associate. Call us to reserve your hour now.

While many hours have two occupants, many more have only one. This situation gives us an opportunity to place many more people in single-occupant hours. There are single-occupant hours that will fit every schedule; weekday mornings and early afternoons for the retired or night-shift workers, evenings for busy parents, and late-night for those who enjoy a challenge. Call and let us find the hour - and associate - for you. God bless,

Your Adoration Staff (425) 821-6392

## RESPECT LIFE

(Continued)



# 40 DAYS FOR LIFE™

### OCTOBER IS RESPECT LIFE MONTH

◆ The national 40 Days for Life Campaign continues from now until November 1. It's a peaceful prayer effort in front of local abortion clinics. To get involved contact Ed Mohs 360-658-0969 (Everett) or go to the 40 Days for Life website: [www.40daysforlife.com/everett](http://www.40daysforlife.com/everett)

◆ **Victory Celebration Event : An Evening with Monsignor Reilly** (founder of Helper's of God's Precious Infants in New York City). **Monday, October, 26th, 7:00pm, Saint Mary Magdalen Catholic Church, Everett.** Please come and listen to Monsignor's talk: "In this Epic Struggle for Life, There is Reason for Hope." All are welcome!



## RESPECT LIFE

### [Archbishop Chaput Speaks to Catholic doctors about our country's treatment of the unwanted](#)

Archbishop Charles J. Chaput, Archbishop of Denver, urged the Phoenix Catholic Physicians' Guild not to be among those who refuse to defend the sanctity of life, or abuse the freedoms given to them by God. He spoke about the treatment of the physically disabled, especially those with Down syndrome.

About 5,000 Down syndrome babies are born in the U.S. each year, with a national population of roughly 400,000, he stated. He lamented the use of prenatal testing to encourage women to abort children whose tests show an increased likelihood of genetic disorders. He quoted a British medical school professor who noted the risk of false positives in such tests and blamed them for "causing the death of normal babies." He explained that: "For the med school professor, killing 'abnormal' babies like those with Down syndrome is perfectly acceptable."

He said that: "My friends who have a daughter or son with a serious disability speak about their child with an 'unsentimental realism' that flows out of real love." This love "courses its way through fear and suffering to a decision, finally, to surround the child with their heart and trust in the goodness of God." He stressed: "That decision to trust demands not just real love, but also real *courage*." Such love, or its lack, proves the true nature of individuals and the true state of society, Chaput stated.

"Every child with Down syndrome, every adult with special needs; in fact, every unwanted unborn child, every person who is poor, weak, abandoned or homeless—each one of these persons is an icon of God's face and a vessel of his love. How we treat these persons—revere them and welcome them, or throw them away in distaste—shows what we *really* believe about human dignity, both as individuals and as a nation." Archbishop Chaput emphasized that we must love the Church and defend her teachings while trusting in God, believing the Gospel, and refusing to be afraid. "Changing the course of American culture seems like such a huge task. But St. Paul felt exactly the same way." "Redeeming and converting a civilization has already been done once. It can be done again. But we need to understand that God is calling you and me to do it. He chose *us*. He calls *us*. He's waiting, and now we need to answer him," Archbishop Chaput emphasized.

<http://www.archden.org/index.cfm/ID/2791>.

*News Agency (CAN) October 16, 2009*

**ST. VINCENT DE PAUL SEPTEMBER 2009 REPORT TO THE PARISH**

Number of families helped in St. Mark Parish			
Cash Expenditures:	Rent	\$ 200.00	
	Light	300.00	
	Utilities (gas heat, water, sewer)	0.00	
	Fresh food and pharmacy	669.29	
	Furniture (mainly beds)	504.81	
	Clothing, misc. items from SVdP stores	160.34	
	Voucher book expense	<u>26.85</u>	
		total expense =	\$ 1,861.29
In-Kind Assistance given:	Boxes of food	1	
	Bags of food	7	
	Bus tickets given	84	
	Booklet: Gospel of St. Mark given	3	
Income Received:	Meeting collections	\$ 39.50	
	Poor Box donations	187.06	
	Envelope contributions	3,675.00	
	Reimbursement from downtown SVdP	600.00	
	Walk for the Poor	60.00	
		Total Income	<u>\$ 4,561.56</u>
		NET	<u>\$ 2,700.27</u>

Thank you for your generosity. The recent food and money donations are greatly appreciated as we had to reduce our usual level of aid during the month of September. We encourage you to participate in our Thanksgiving Day food basket program. Details will be forthcoming in future issues of our parish bulletin. Again, thank you for your support.


## FAITH FORMATION

Listening to Scriptures can be a risky activity. Here we are, sitting in church, trying to slow down a bit and collect some good thoughts to help us through the week. Then

we hear something like “whoever wishes to be great among you must be your servant,” and we start to think there is another way to live. We imagine a world where we really act on our belief that each one of us is treasured by God. Before we know it, we feel uncomfortable about our search to make it to the top, to be the most important, to be well-liked. We even ache about the troubles we have in our own lives. Church has become disturbing. Our ears and our hearts have been opened to hear the challenges, and we struggle to respond.

This reading highlights our responsibility to help spread the message found in those disturbing, uncomfortable words from the Scriptures. We don't have to be experts in evangelization—we are called to work with our brothers and sisters to build up the kingdom of God here in this place. We can go back to those Scriptures to tap into the strength that is waiting for us as we “confidently approach the throne of grace to receive mercy and to find grace for timely help.”

Marilyn Sweet



**KNIGHTS OF COLUMBUS  
AT ST. MARK**

The Knights of Columbus will be selling Christmas cards after Masses beginning today. These are lovely, religious cards with a theme to keep Christ in Christmas.

**HOSPITALITY**

October 25—Faith Formation Families are hosting doughnuts.

November 1—School Families will be hosting doughnuts

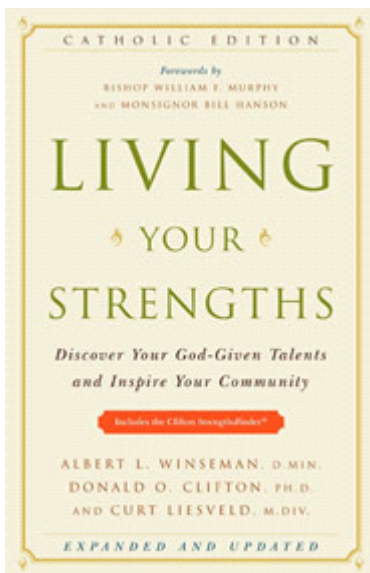
Coming Soon....

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# STRENGTHSFINDERS WORKSHOPS

Beginning in November, Saint Mark will be offering two “Strengthsfinder” workshops per month after the 9:00 and 11:00 Masses on Sundays. Follow in the footsteps of more than 40 of your fellow parishioners to:

- Discover your God-given talents
- Increase your faith
- Bring new meaning and purpose to the things you find “easy”
- Help build the kingdom of heaven right here at Saint Mark



Workshop leader: Rick Altenhofen

Dates November 8, 15, & 22 after the 9:00 or 11:00 Masses

Register during the “Calling All Saints” Ministry Fair

Or call the parish office at 206-364-7900

Each workshop has three 45-minute sessions that will change the way you look at yourself and your relationships.

Suggested donation: \$20 to cover the cost of the book.

*Oh how I want to be in that number, when the saints go marching in...*

*“Calling All Saints”*

# MINISTRY FAIR

Oct. 31/Nov1 After all Masses

Next weekend in the gym, 34 of our parish ministries, apostolates and prayer groups will be displaying the spiritual fruits of their calling.

This is a great opportunity to help you plan for your Time & Talent commitments for this year's Stewardship Renewal

- Door Prizes
- Games for kids
- Food
- Fun



**October 31 & November 1**  
**After all Masses**  
**Saint Mark Gym**

**VISIT FIVE BOOTHS FOR YOUR CHANCE TO WIN THE GRAND PRIZE!!**