

# Saint Mark Catholic Church

18033-15th Place Northeast • Shoreline, WA 98155



Parish Office

Phone: (206) 364-7900

Fax: (206) 367-3919

Email: [stmarkoffice@gmail.com](mailto:stmarkoffice@gmail.com)

Website: [www.stmarkseattle.org](http://www.stmarkseattle.org)

## Pastor

Fr. W.R. Harris (206) 364-7900

## Staff

*Pastoral Assistant for Administration and Finance:*

Rick Altenhofen (206) 364-7900

[stmarkfinance@gmail.com](mailto:stmarkfinance@gmail.com)

*Pastoral Assistant for Faith Formation:*

Marylee Schaeffer (206) 364-7900

[stmarkfaithformation@gmail.com](mailto:stmarkfaithformation@gmail.com)

(K-8): Ellen Sherman (206) 365-5386

*Administrative Assistant:*

Linda Sullivan (206) 364-7900

[stmarkoffice@gmail.com](mailto:stmarkoffice@gmail.com)

*Pastoral Assistant for Music:*

Gregory Teeter (206) 329-2641

[gregoryteeter@comcast.net](mailto:gregoryteeter@comcast.net)

*Outreach Coordinator:*

Claudia Sargent (206) 364-7900

*Facilities & Grounds Manager:*

Cameron Johnson

**St. Mark School** (206) 364-1633

**St. Mark Pre-school** (206) 363-7100

Email: [frontdesk@stmss.org](mailto:frontdesk@stmss.org)

*Principal:* Kathryn Keck (206) 364-1633

Email: [principal@stmss.org](mailto:principal@stmss.org)

## MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.

Saturday Vigil: 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

## CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

## BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

## MARRIAGE

Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

## SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

## PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact Dick Johnson (425) 821-6392.

# St. Mark Catholic Church

## October 4, 2009 - 27th Sunday in Ordinary Time

### MASS INTENTIONS

Sun. Oct.	4	Missa Pro Populo
Mon. Oct.	5	No Mass
Tues. Oct.	6	Whitney Sharp
Wed. Oct.	7	Benjamin Nicotri +
Thur. Oct..	8	Margo Pitts +
Fri. Oct..	9	James and Lynn Ronald
Sat. Oct..	10	David Dolly +

### PRAYERS

"To everything there is a season and a time for every purpose under heaven." Ecclesiastes 3:11

*A time to be healed...*

**Jack De Blasi**, father of Camille Pauley

*A time to mourn...*

**David Kline**, brother of Grace Prueter

### ANOINTING OF THE SICK/ HOMEBOUND/HOSPITAL VISITS

Please call the parish office to inform us of an illness or hospitalization of a parishioner or family member. Privacy laws prohibit hospitals from releasing information to clergy about hospitalized church members without the specific consent and request of the patient or their immediate family.

### FREQUENTLY REQUESTED NUMBERS

**Boy Scouts:** Walt Carroll (425) 486-9290  
**Cub Scouts:** Carmela Park (425) 806-1733  
**Knights of Columbus:** Rufino Isip (206) 440-9239  
**St. Vincent de Paul:** Duke Dungan  
 (206) 364-7900 ext 150  
**Ladies' Guild:** Lynn Waterson (206) 849-5546  
**Funeral Committee:** Gini Harmon (206) 364-6834  
 Suzanne Reed: (425) 778-1357 or (425) 361-6763  
**Senior Group:** Judy Parsons (206) 367-1714  
 Consuelo Frodsham (206) 361-2361  
**Holyrood Cemetery:** (206) 363-8404  
**Beck's Funeral Home:** (425) 771-1234  
**Hoffner, Fisher & Harvey Funeral Home:** (206) 632-0100

### CONTRIBUTIONS

	YTD	YTD Budget	Difference
7/1/09-9/27/09	182,816	198,000	(15,184)
	Actual	Goal	Difference
September-to-Date	58,510	64,000	(5,490)
Sept 6	17,494	19,200	(1,706)
Sept 13	12,944	16,000	(3,056)
Sept 20	12,370	14,720	(2,350)
Sept 27	15,702	14,080	1,622
<b>Sept. Total</b>	<b>58,510</b>	<b>64,000</b>	<b>(5,490)</b>

Parish children contributed \$36.95.

Sat.	10/3/09	Welcome Dinner, 6 pm, Cafeteria
Sun.	10/4/09	Faith Formation, Pre-school-K, 9 am, Pastoral Center
		Life Chain Reception, 3:30 pm, Sullivan Hall
Mon.	10/5/09	Boy Scouts, 7 pm, Gym
Tues.	10/6/09	Pastoral Council Mtg., 7 pm, Pastoral Center
		Adult Discussion Group, 7 pm, Sullivan Hall
Wed.	10/7/09	Heaven Guild Mtg., 11:30 am, Sullivan Hall
		RCIA 6:30 pm, Library
		Faith Formation Gr. 1-8, 6:30 pm, School
		Ministry Fair Planning Mtg., 6:30 pm, Sullivan Hall
Thurs.	10/8/09	Choir Practice, 6:30pm, Church
		Youth Group, 6 pm, Gym
Fri.	10/9/09	Men Seeking Christ, 7 pm, Sullivan Hall

# IN-PARISH NEWS

## THE LIGHT WEIGH IS COMING!

The Light Weigh is coming to St. Mark Church. Would you like to learn how to eat the foods you enjoy while you lose weight? Would you like to get peace with food and get off the diet roller coaster? Give God a chance and rediscover the freedom from food you had as a small child! Light Weigh Meetings will be held at 1:30 pm on **Fridays beginning October 16** in the Pastoral Center. Contact Christine Gallagher 425-488-7264.

## HOSPITALITY

October 4—St. Mark School Families will be hosting doughnuts.

October 11—Scouts will be hosting doughnuts.



## KNIGHTS OF COLUMBUS AT ST. MARK

Meetings are held in the K of C Hall in the lower level of the Parish offices. Our general meeting is the 2nd Tuesday of every month at 7:30 p.m. with a Rosary beginning at 7:00 p.m. For more information please call Rufino Isip at (206) 440-9239.

## MINISTRY SCHEDULE

	Sat. Oct 10 5:00 pm	Sun Oct 11 7:30 am	Sun Oct 11 9 am	Sun Oct 11 11 am
EM's	Rodger O.	Janet Y.	Rufino I.	Pat D.
	Annie H.	Tony S.	Dori I.	Sue D.
			John E.	Anna D.
			Karen F.	Georgina G.
Reader	Adam H.	Lee L.	Greg H.	Romy R.
Servers	Abby F.	Alexander T.	Shelby M.	Nikki V.
	Mary M.	Isaiah T.	Yasmine Z.	Chloe T.

## PRAY THE ROSARY

	Oct 6-Oct 10
Servers	Vincent K.
	Luke Van H.

*Families meet at 6:30pm in Church.  
Please come!*

## WHAT IS

## SAINTMARKSHORELINE.ORG?

Have you visited the St. Mark web page? It is located at [saintmarkshoreline.org](http://saintmarkshoreline.org)

You can find information about upcoming events, copies of the latest bulletins, and an especially exciting new feature: Father Harris' homilies are available if your computer has sound capabilities. If you heard something in Mass and want to replay it, you can now do that at home; or maybe you were out of town and don't want to miss a St. Mark homily. Or maybe you want to share one of our homilies with your family in another state—now you can do it all! On last week's bulletin, over 210 people looked at our website—that is a third of the people who received the bulletin at Mass. Don't be left out—send your email to Rick Altenhofen at [stmarkfinance@gmail.com](mailto:stmarkfinance@gmail.com) to get on his mailing list and have the weekly email sent to you; or sign up online at [saintmarkshoreline.org](http://saintmarkshoreline.org)

## MEN SEEKING CHRIST

Our second session of "Men seeking Christ" will take place Friday night, October 9 at 7:00 pm. Last month Kirk gave us reflections on "Marriage as a Vocation" and Mike gave an overview of the life of virtue showing how the Four Cardinal virtues (Prudence, Justice, Fortitude and Temperance) and the two Christian virtues of Humility and Love are harmoniously integrated in the virtuous life. This month Kirk will share some philosophical and theological considerations, as well as practical ideas, on the theme "Awareness of and Living in the Presence of God". God appears distant because He is a spirit, however, He is more intimate to us than we are to ourselves. How do we grasp this? How do we live the consequences?

Mike will follow with a deeper look at the two Cardinal virtues, Temperance and Fortitude, that help us achieve self-mastery. These are indispensable for the Christian who must learn how to "die to the 'old man'" and carry squarely his cross in the footsteps of Christ. The idea of self-mastery is not unique to Christianity. The Chinese philosopher, Lao Tze, is noted for this saying: "He who conquers nations is strong; he who conquers self is mighty."

There will also be time for fellowship and prayer. See you there and bring a friend.

# YOUTH NEWS

## HIGH SCHOOL MUSICIANS

Did you know that you can satisfy your high school "Community Service" hours by playing or singing with our 5:00 Saturday Contemporary Music group? The program is designed to complement busy teen schedules with a rehearsal on Saturday afternoon at 4:00 followed immediately by Mass. For more information, contact Greg Teeter at [gregoryteeter@comcast.net](mailto:gregoryteeter@comcast.net).

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## ATTENTION: HIGH SCHOOL JUNIORS

If you are planning on being confirmed this year, you must be registered in the confirmation class. The first meeting is on October 8. For more information please email Marylee Schaeffer at: [stmarkfaithformation@gmail.com](mailto:stmarkfaithformation@gmail.com)



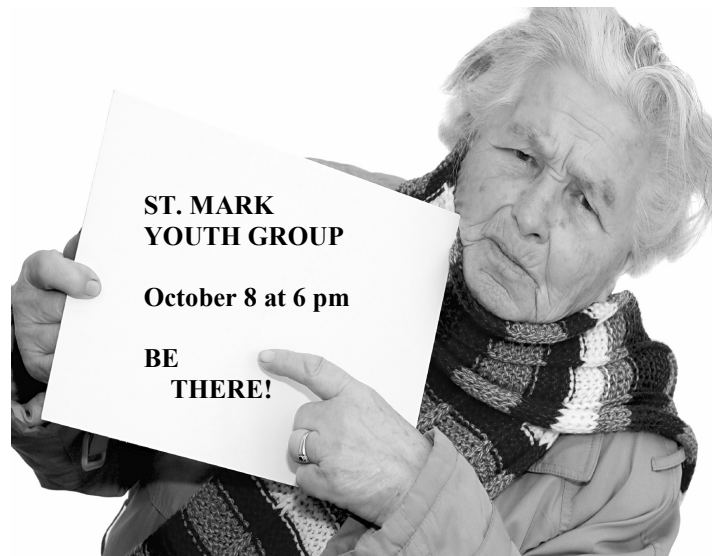
## STAYING INVOLVED AT ST. MARK AFTER EIGHTH GRADE

"Parish Connections" is a new program to reconnect high school students to their home parish. All high school students are invited to join this group at the 11:00am Mass during the month of October. After Mass they will meet for prayer, discussion and an activity. The group is led by a team of Blanchett High School students from St. Mark. Come and reconnect with your classmates and make new friends.

## "NOT YOUR GRANDMA'S" YOUTH GROUP

If you are a 9<sup>th</sup> – 12<sup>th</sup> grade teen at Saint Mark parish, you should be attending Saint Mark's "NOT YOUR GRANDMA'S" YOUTH GROUP every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. If you haven't been to one yet, you don't know what you're missing! This Thursday, we'll be talking about four different kinds of happiness, and how you were created for ALL of them!

- WHO: All 9<sup>th</sup> – 12<sup>th</sup> grade teens (and bring a friend!)
- WHAT: "Does God Want Me to Be Happy?" with Camille Pauley
- WHEN: Thursday, October 8
- TIME: 6:00 PM Pizza dinner;  
6:30-8:00 PM Lesson and Activities
- WHERE: Saint Mark Gymnasium
- 



After attending the first session of the new Youth Group, a high school senior from St. Mark had these comments, "I thought that the presentation was very helpful. Our speaker was very passionate about the Theology of the Body and taught us that because God is love, we are made out of love and so our bodies are used for good. I am excited to go again to learn more about the true importance of love and sex."

Lillian Haider

## PERPETUAL ADORATION



Now that loose copies of the sub list are available for you to take home, please do so. It will truly be a relief for us when more Adorers find their own substitutes.

Again, helpful hints are posted on the far side of the cabinet. Please review them; they can be a great help.

We can only repeat that there are several hours that are open for companions. All it takes is a phone call.

That hour will change your life!

God bless,

Your Adoration Staff (425) 821-6392



## RESPECT LIFE

(Continued)

- ◆ Stop by the Respect Life table in Sullivan Hall in October. Wonderful pro-life items and brochures are available. Many are free. Some are offered for a suggested donation to cover cost. Items include: "Precious Feet" pins, bumper stickers, bookmarks and the baby model (12 week fetal model) offered this summer as part of our Spiritual Adoption project.
- ◆ **Local 40 Days for Life Efforts:** This week several babies have been saved from abortion at Everett's Planned Parenthood. Last Saturday a prayer volunteer saw a pregnant girl enter the clinic. A few minutes later this girl who intended on aborting her child came out smiling and said, "I could not do it." The volunteer asked her what changed her mind about the abortion. She said, "I don't know, I just did, I guess." Praise God! On Monday a young couple chose to give their child life. Both mother and father were quite anxious about the pregnancy. Following respectful conversation with prayer volunteers, and the consolation of being given the Miraculous Medal, tears of joy replaced tears of anguish. Thank you, Jesus.

Please continue to pray for this fruitful effort to end abortion. Remember to pray for the abortion clinic employees, that God will touch their hearts and minds and turn them from the abortion business - working instead in a life-giving field.



## RESPECT LIFE

### OCTOBER IS RESPECT LIFE MONTH

- ◆ The national **40 Days for Life Campaign** continues from now until November 1. It's a peaceful prayer effort in front of local abortion clinics. This effort includes more than 170 communities across the United States including Seattle and Everett. To get involved contact Ed Mohs 360-658-0969 (Everett) or go to the 40 Days for Life website.
- ◆ October 4 is Respect Life Sunday. Come out and stand (or sit) for life. Participate in a local Life Chain from 2 pm – 3:30 pm on the corner of Hwy 99 and 220th. This is a prayerful, peaceful way to defend the lives of the unborn and bring awareness to the general public and the need to support life. Please arrive at the church by 1:30 pm if you'd like to carpool to the location. Signs will be provided. After the event there will be a gathering in Sullivan Hall for light refreshments and social time.
- ◆ October 24 is the Healing the Culture "Mission Possible" Gala Dinner held at the Knights of Columbus Banquet Hall in downtown Seattle. Call 425-481-6563 for information.
- ◆ **National 40 Days for Life Effort Saves 38 Babies From Abortion, Another Clinic Staffer Quits:** Less than a week into the campaign, the latest 40 Days for Life pro-life prayer effort is having a great effect as 38 babies have reportedly been saved from abortions thanks to the efforts of local pro-life advocates. Meanwhile, a second abortion center worker has reportedly quit in Illinois, following one in Bakersfield, California. Angela Michael, who is leading the campaign in Granite City, Illinois, near St. Louis, says a nurse at the infamous abortion center there left the facility, hugged her, and told her she had worked her last day. "Thank you for praying for me," she told Angela. "Your witness has been powerful to me. This is my last day! I'm going off to do what real nurses should be doing."

40  
DAYS  
FOR  
LIFE™

# STEWARDSHIP

*We welcome the newest parishioners to St. Mark:*

Mr. William Broome, IV

Robert, Maria, and Grace Hannon

Barry, Susan, and Kylie Isara

James, Susan, Nikolas, and Luke Jasper

Jason, Bernadette, Grace, and Paul Pixton

Paul and Gina Sundberg

# LITURGY & FAITH FORMATION

## 30 SECOND REFLECTION

In today's gospel Jesus warns that it is hardness of hearts that ruptures relationships between man and woman, who were created to be one flesh, suitable companions for each other. It is our attitude of the heart that has the potential to support or break apart any relationship.

Let us walk this earth with humility, in relationships marked by love, acceptance, justice, and responsibility. In this way we might hope to be grateful recipients of the kingdom of God.

Sr. Carmen Diston, IBVM

# MUSIC

## ST MARK SUNDAY AFTERNOON CONCERT SERIES

The first concert in our new concert series will be offered on

**NEXT SUNDAY, OCTOBER 11, at 3 PM.**

The program, sung by St. Mark's own Schola Cantorum, is entitled A EUROPEAN MUSICAL TRAVELOGUE and features sacred music from England, The Netherlands, France, Germany, Spain and Italy. The program features glorious Renaissance polyphonic motets by Palestrina, Morales and Byrd as well as music composed by Schutz, Brahms, and Messiaen. St. Mark's new Leeftang organ will be heard in selections by Sweelinck, D'Grigny and Frescobaldi.

Admission to the concert is free; there is a suggested \$10 Donation to help retire the debt on the organ. A Reception will follow in Sullivan Hall.



# The Faith Once Given: Exploring the Creed

## An Ongoing Study that will Inspire and Encourage Your Faith

Looking for a regular study to help you grow in your faith. Here it is! Come to this study, offered on the third Thursday of each month, and explore what it means to be Catholic,

*For nearly two thousand years, Christians have professed the one, holy, catholic, and apostolic faith by reciting the Creed. But how many of us have really unpacked its meaning or explored its roots in history? This year, local author and speaker Mark Shea will lead a once-a-month seminar, from October through May, exploring the depths of the Creed. Don't miss this golden opportunity to deepen your faith and come to know better the riches of Christ Jesus. The study is FREE and all are welcome. (A free-will offering will be taken.) So grab a friend and come to learn and grow!*

**When:** The 3<sup>rd</sup> Thursday of each month, starting on **Thursday, Oct. 15th**  
**7 – 8:30 pm**

**Where:** St. Mark Catholic Church (in the gym)  
**18033 15<sup>th</sup> Pl. NE, Shoreline 98155**  
**Please call (206) 364-7900 for directions**

**Cost:** FREE! All are welcome

**Who is Mark Shea?** Mark P. Shea is a popular Catholic writer and speaker. In addition to being co-author of the smash bestseller *A Guide to the Passion: 100 Questions About The Passion of the Christ*, he is also the author of *The Da Vinci Deception: 100 Questions About the Facts and Fiction of The Da Vinci Code*, *Making Senses Out of Scripture*, *By What Authority?* and *This is My Body: An Evangelical Discovers the Real Presence*. An award-winning columnist, Mark contributes numerous articles to many magazines, including his popular column "Connecting the Dots" for the *National Catholic Register* and his regular feature on [InsideCatholic.com](http://InsideCatholic.com). He also maintains the popular Catholic blog [Catholic and Enjoying It](http://CatholicandEnjoyingIt.com) which you may access through [MyCatholicFaith.org](http://MyCatholicFaith.org). In addition, Mark is a nationally known speaker on various issues in Catholic faith and life. Finally, Mark is Senior Content Editor for [www.CatholicExchange.com](http://www.CatholicExchange.com). He lives in Washington State with his wife, Janet, and their four sons.

## NATURAL FAMILY PLANNING

Couples who use natural family planning have a divorce rate under 5%. Come to a complete Natural Family Planning course to be held at Saint Brendan's Parish in Bothell. Learn about your Catholic faith and discover a modern, natural method of family planning that is 99% effective. The course consists of three sessions on the following Sundays: Oct. 11, Nov. 1 & Nov. 22 @ 6:30pm. Total cost is \$135. For more information and to register, call Marie and Scott Elmenhurst at (425)788-2453. Or Email: nota.bene@verizon.net

## OKTOBERFEST

Thank to everyone who contributed to making Oktoberfest such a success. Firstly, thank you to Mat Connolly and the Georgetown Brewing Co for their quality ales and beer; thank you to Joe Santucci for the donations of produce and autumn table decor; thank you to Stan Ciez for the discounted brauts and dogs; thank you to the Knights of Columbus, especially Mike Connell, for the hard work in setting up, grilling, and cleaning the kitchen (and for the extra dogs and buns). Also, thank you to our school and staff members, teens, and parishioners who stepped up to help us out. We expected about 300 people, based upon our last year's summer event. Surprise! Over 400 attended, filling our children's games room and the hall. Thank you to Nancy Hovis for providing sing-along entertainment during the break. Our business and bar donations helped us to recoup the cost of food and supplies. Wow! We sure have spirit at St Mark. THANK YOU ALL.



Lastly, I am deeply indebted to each member of my group. It is work to put on a social event, and I am happy to have had you all in the trenches with me these past years. Bless you all!

OK parish: check out the Saint Mark website for pictures, enjoy the year, and prepare yourselves for our ST VALENTINE'S DANCE in 2010!

Cory Stratton

## SCHOOL ENDOWMENT DONATIONS

We have received donations to the school endowment fund in memory of: Elsie Thorpe, Tom Parsons, Laura Hopfinger, John & Dorothy Favero, and Ariana Naputi-Rule. Thank you.

## SAFE ENVIRONMENT CLASSES

Two Safe Environment Classes to be offered here at St. Mark Parish:

**Monday, October 19th 7:00 PM**

**Called to Protect for Parents and Families**

Information Meeting about the Called to Protect Program and how you can protect your child.

**Monday, October 26th 7:00 PM**

**Called to Protect for Ministries**

\*Anyone volunteering to drive on field trips, or works one-on-one with children, coaching, or teaching religious education must take this class.

## PLEASE PRE-REGISTER FOR THE CLASS YOU WOULD LIKE TO TAKE:

- ◆ On the internet, visit [www.seattlearch.org](http://www.seattlearch.org)
- ◆ Click the Safe Environment Program box on the right side of the screen
- ◆ Click "Register Here"
- ◆ Click REGISTER FOR CLASSES
- ◆ Find the class that they would like to register for
- ◆ Click REGISTER HERE (located on the right-hand side of the class description)

You will be asked to enter your personal information as you register for the class. This will create your profile and diminish the amount of data entry that is required at the parish-level.

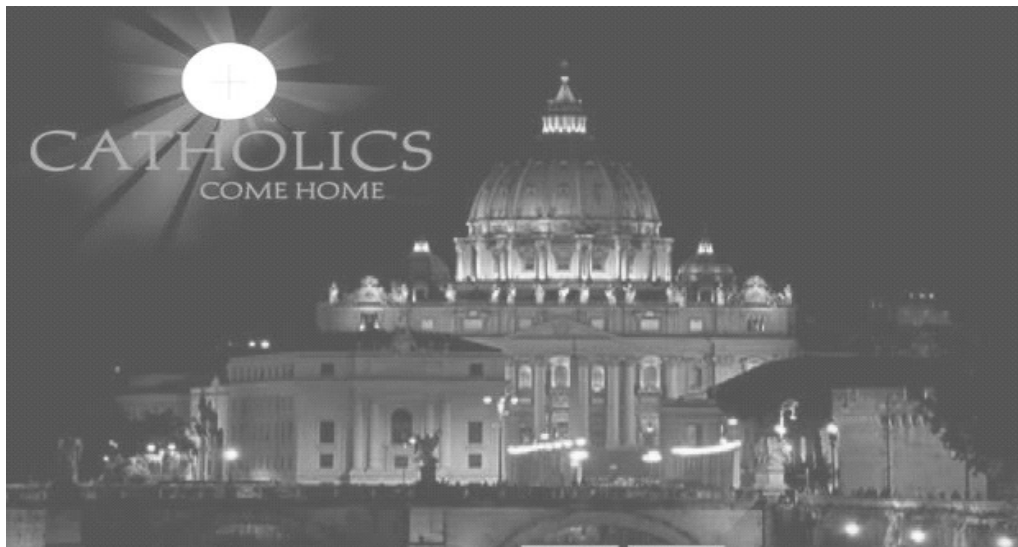
**If you have taken either one of the classes, you do not need to take the class again.** Instructor for both classes is Kathy Keck. Please call the school office if you have any questions, 206-364-1633.

## RACHEL'S VINEYARD

You are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services. Sadly, many men resort to various forms of manipulation, withdrawal of emotional and physical support, and even outright aggression to present abortion to their girlfriends and wives as the only solution to an unplanned pregnancy. ...how deeply painful it is when men face the truth of their role in an abortion decision. But it is an essential step in their healing and recovery."

Kevin Burke

Reconciliation, healing and hope await you on the next **Rachel's Vineyard Retreat™**, **Nov. 13 -15,2009**. Call Valerie: 1-800-822-HOPE (4673)



## *Catholic Evangelism is coming to St. Mark*

**If you did not go into Sullivan Hall after Mass last week, you may not be aware that there are three commercials, not just the one that we saw in Mass. Would you like to view the *Catholics Come Home* commercials at home?**

- ◇ **Go to [catholicscomehome.org](http://catholicscomehome.org) on your computer and view all three of the commercials that will be run during Lent, 2010.**
- ◇ **Call the Parish Office. We have a limited number of dvd's available to loan out. If you are interested, call us at 206 364 7900 and make arrangements to pick one up. We do ask that you return them as soon as you can so that another parishioner can have a chance to see them.**