

Saint Mark Catholic Church

18033-15th Place Northeast • Shoreline, WA 98155



Parish Office

Phone: (206) 364-7900

Fax: (206) 367-3919

Email: stmarkoffice@gmail.com

Website: www.stmarkseattle.org

Pastor

Fr. W.R. Harris (206) 364-7900

Staff

Pastoral Assistant for Administration and Finance:

Rick Altenhofen (206) 364-7900

stmarkfinance@gmail.com

Pastoral Assistant for Faith Formation:

Marylee Schaeffer (206) 364-7900

stmarkfaithformation@gmail.com

(K-8): Ellen Sherman (206) 365-5386

Administrative Assistant:

Linda Sullivan (206) 364-7900

stmarkoffice@gmail.com

Pastoral Assistant for Music:

Gregory Teeter (206) 329-2641

gregoryteeter@comcast.net

Outreach Coordinator:

Claudia Sargent (206) 364-7900

Facilities & Grounds Manager:

Cameron Johnson

St. Mark School (206) 364-1633

St. Mark Pre-school (206) 363-7100

Email: frontdesk@stmss.org

Principal: Kathryn Keck (206) 364-1633

Email: principal@stmss.org

MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.

Saturday Vigil: 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

MARRIAGE

Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact Dick Johnson (425) 821-6392.

St. Mark Catholic Church

January 31, 2010 - Fourth Sunday in Ordinary Time

MASS INTENTIONS

Mon.	Feb.	1	No Mass
Tues.	Feb.	2	Lourdes Maganis
Wed.	Feb.	3	Linda Waters+
Thurs.	Feb.	4	Ron Claudon+
Fri.	Feb.	5	8 am Brook Bates
			10 am Margaret Bollersleeve
Sat.	Feb.	6	Vedasto Yngreso+
Sun.	Feb.	7	Missa pro populo
Mon.	Feb.	8	No Mass
Tues.	Feb.	9	Dorothy Eline
Wed.	Feb.	10	Kari Bates
Thurs.	Feb.	11	Bruce Hablutzal+
Fri.	Feb.	12	The Callahan Family
Sat.	Feb.	13	Christopher Villarreal+
Sun.	Feb.	14	Missa Pro Populo
Mon.	Feb.	15	No Mass
Tues.	Feb.	16	Margaret Moreno+
Wed.	Feb.	17	Missa pro populo

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Walt Carroll (425) 486-9290
Cub Scouts: Carmela Park (425) 806-1733
Knights of Columbus: Rufino Isip (206) 440-9239
St. Vincent de Paul: Duke Dungan
 (206) 364-7900 ext 150
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
 Suzanne Reed: (425) 361-6763
Senior Group: Consuelo Frodsham (206) 542-7240
 Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Hoffner, Fisher & Harvey Funeral Home: (206) 632-0100

CONTRIBUTIONS

	YTD	YTD Goal	Difference
7/1/09-1/24/10	466,764.52	467,000	(235)
	Actual	Goal	Difference
January to date	57,507	56,000	1,507
January 3	18,851	20,300	(1,449)
January 10	13,674	11,900	1,774
January 17	14,525	11,900	2,625
January 24	10,456	11,900	(1,444)
January 31		14,000	
January Total		70,000	

Parish Children Contributed \$30.85

Sun.	1/31/10	School Open House after Masses
		Evening for the Engaged, 6:30 pm, Pastoral Center
Mon.	2/1/10	Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	2/2/10	Pastoral Council, 7 pm, Pastoral Center CANCELLED
Wed.	2/3/10	Heaven Guild, 11:30 am, <u>Pastoral Center Downstairs</u>
		Faith Formation, 6:30 pm, School
		RCIA, 6:30 pm, Pastoral Center
		School Talent Show, 6:30 pm, Gym
Thurs.	2/4/10	Building & Grounds Comm., 6:30 pm, Sullivan Hall CANCELLED
		Social Justice Committee, 7 pm, Pastoral Center
Sat.	2/6/10	Knights of Columbus Famous Crab Feed, 6pm, Gym
Sun.	2/7/10	Schola Cantorum Concert, 3 pm, Church
		Evening for the Engaged, 6:30 pm, Pastoral Center
Mon.	2/8/10	Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	2/9/10	Stewardship Committee, 6:30 pm, Pastoral Center

HOSPITALITY.

January 31—The school is hosting doughnuts. Please stop by at the Open House for St. Mark School and Preschool.

Because Sullivan Hall is being used for directory photos, there will be no doughnuts on February 7 and February 14. On February 21 the Knights will be serving breakfast in the cafeteria.

NATURAL FAMILY PLANNING COURSE

Couples who use Natural Family Planning have a divorce rate under 5%! Come to a complete natural family planning course to be held at Saint Brendan Parish in Bothell. Learn about your Catholic faith and discover a modern, natural method of family planning that is 99% effective. The course consists of three sessions on the following Sundays: Feb. 21, Mar. 14 & April 11 @ 6:30pm. Total cost is \$135. Scholarships available. For more information and to register, call Marie and Scott Elmenhurst at (425)788-2453. Or Email: nota.bene@verizon.net

	Sat. Feb 6 5:00 pm	Sun Feb 7 7:30 am	Sun Feb 7 9:00 am	Sun Feb 7 11:00 am
EM's	Rodger O. Paula G.	Janet Y. Tony S.	John E. Karen F. Jerry M.	Bill S. Maribel S. Sue D.
Reader	Pete B.	Gerry S.	Zsolt D.	Lillian H.
Servers	Mary M. RoseMarie H.	Alexander T. Isaiah T.	Tim McV. John McV.	Raider M. Alexander J.
	Teresa K.		Luke Van H.	Chris P.
	Emily P.		Austin C.	David P.

	Feb 2-Feb 6
Servers	Austin C. Jeffrey F.

PRAY THE ROSARY
*Families meet at 6:30pm
in Church. Please come!*

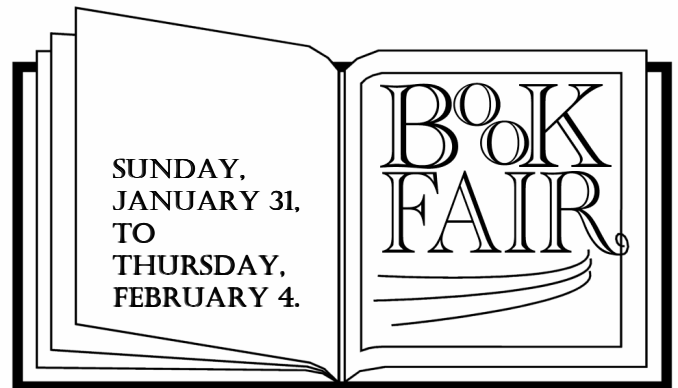
SCHOOL NEWS

Open House at St. Mark Parish School

The Preschool and school will be open for touring on Sunday, January 31, 2010. Come and see the classrooms and wander over to the Pastoral Center to see our preschool. The preschool and school will be open from 9:00 AM to 1:00 PM.

Book Fair

We will be having a Scholastic Book Fair in our Library on Sunday, January 31st – Thursday, February 4th. This is open to everyone. Buy a book for a special child in your life. All proceeds will be spent on new library books for our collection.



Good News

Through classroom collections and two bake sales the school children collected \$665.70 for Catholic Relief Services to send to Haiti.

SCHOOL ENDOWMENT FUND

We have received donations to the School Endowment Fund in memory of: John and Dorothy Favero, Kali Marie Fuda, Wanda Jensen, Robert and Winona Wartinger, Margaret Osgood, Kathy Baer, Charles Combe, Joseph and Pearl Gascon, and in honor of the military service of Mark Anthony Silang and Michael Angelo Silang.

LENT

Believe it or not, Lent begins in just a little over 2 weeks. Plan now to attend our Lenten Mission which begins the evening of February 21 through Thursday evening, February 25.

Our mission preacher will be Fr. Frank Sherry, C.P.M, a priest from the Fathers of Mercy in Kentucky.

Fr. Sherry was ordained to the priesthood in 1989. He is a 1981 graduate of St. Francis College in Loretto, PA where he studied philosophy. He studied theology at Holy Apostles Seminary in Cromwell, CT.

Father Frank will challenge and encourage you to make a stronger, deeper personal commitment to Our Lord and His Church.

Ash Wednesday & Good Friday are days of fast and abstinence. All Fridays of Lent are days of abstinence.

Fast: On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient paschal fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

Abstinence: On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige.

Ash Wednesday
Wednesday, February 17, 2010
8:00 a.m. 10:00 a.m. 7:00 p.m.

FIRST FRIDAY MASSES 8 A.M. & 10 A.M.



There will be Exposition of the Blessed Sacrament after the 10 a.m. Mass, on Friday, February 5, culminating with Benediction at 9 am on February 6, following the First Saturday Mass. This is an all-night vigil offered in atonement for the sins of mankind grievously offending the Sacred Heart of Jesus and the Immaculate Heart of Mary. The concept of the "Alliance of the Hearts of Jesus and Mary" is a term first coined by Pope John Paul II in 1985, and underscores the fact that the "heart" is a shorthand way of speaking about the whole person with special emphasis on his or her interiority. Thus, the "Alliance of the Hearts of Jesus and Mary" is a way of speaking about their intimate association and union with one another for the sake of our redemption.

The Adoration Chapel is closed during this time, but please come to the church for time with Jesus.

SCHOLA CANTORUM CONCERT

The St. Mark Schola Cantorum will present the fourth of its Sunday afternoon concerts on February 7, 2010 at 3 pm.

The program: **CELESTIAL HARMONY: Music for Choir, Organ and Strings**, will feature music by Mozart, Bach, Handel, Buxtehude and others. The lush sound of choir and strings is often featured on our high Feast Day Masses at St. Mark; the program will include many favorites. The concert will last approximately 75 minutes. There is a \$10 suggested donation..



OUR SISTER PARISH IN JAMAICA

We have a sister parish in Jamaica, Holy Name of Jesus. A monthly collection is taken up for their needs and when we have extra Masses to say, we send them there. Recently we have sent Masses for Holy Souls in Purgatory (2), Michael Barron, Jim Barron, Muriel Harkins (2), Dean Heinzerling, Romona (Sister of Johnny DeCampo), and Linda Waters (3).

MARRIAGE WEBSITE

Check out ForYourMarriage.org
This is a fine website that is dedicated to helping married couples, and it is put out by the Bishops' Conference. It has great articles to help any marriage and links to other sites. Give it a look.

YOUTH NEWS

The St. Mark Youth Group is an active group of concerned ninth through twelfth graders who meet on the second and fourth Thursday of each month for an evening of food and activities. This is not a wimpy group—they go for the big issues and work through them. Don't come expecting to waste your time; you will leave with some answers and some challenging questions to consider.

Thursday, February 11, 2010:

“Can We Prove that God Exists?”

This is an *especially* important meeting which will be facilitated by Camille Pauley. Don't miss it!

BABYSITTING DIRECTORY

ATTENTION TEENS: We are compiling a directory of parish teens available for babysitting jobs. Check with your parents first, then send your contact information, cost per hour per child, and any additional qualifications (Red Cross certification, babysitting class certification, etc) to:

Jenna.M.Holloway@gmail.com. **BE SURE TO GET PARENTAL APPROVAL.**



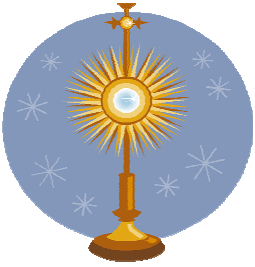
We would like to thank all those who participated in this year's Spiritual Adoption program.

We donated a truck load of wonderful baby gifts to Angelorum, now known as, 'First Step Pregnancy Services'.

Our next Spiritual Adoption will take place in April. Thanks again!

Respect Life Committee

PERPETUAL ADORATION



REMINDER: THIS FRIDAY IS
FIRST FRIDAY.
ADORATION WILL BE IN
THE CHURCH AND OPEN TO
ALL!

If this was not of God, it would be
uncanny how many times Father

Harris' homily dovetails with subjects dealing with
Adoration.

Last week, Father mentioned during his homily how
easy it is to become inured to the Gospel as the Living
Word of God; as God speaking to us.

Lately, Adorers in even the most populous divisions
have seemed a bit inattentive about Adoration. One
division had twelve vacant hours in the last eight
weeks!

Many times, Adoration staff members have been in the
church during First Friday Adoration---alone except
for the scheduled Adorer! There is one opportunity
each month for every member of St. Mark Parish to
visit the Lord in the Monstrance. One would expect
that, if we believe what we profess -- Jesus Christ
Himself is present in the monstrance, looking at us as
we look at him, answering our prayers or just listening
to us or, more importantly, speaking to us -- if we all
truly believe that, the church would be at least half-full
throughout the night! If we truly believe that, there
would be a waiting list for hours in the Adoration
chapel.

Sadly, this is not the case.

It may be time to re-evaluate our enthusiasm for, not
only the Word of God, but the Real Presence of God
in the Blessed Sacrament. Do your actions match
your beliefs?

Sincerely,
Your Adoration Staff (425) 821-6392



RESPECT LIFE

**Please contact your state senators
immediately regarding this new bill in
Olympia:**

SB 6452 Limiting Service Pregnancy Centers

In our state, there are pregnancy resource centers and
pregnancy help medical clinics. Last year 60,000
women were served at these facilities. 34,000 women
received free medical and social services, including pre-
natal classes, diapers, maternity and baby clothing.

SB 6452 would require these centers to disclose
immediately that they do not provide abortion or
comprehensive birth control services, referrals for
abortion or comprehensive birth control services, or
medical care for pregnant women. This must be
communicated understandably upon initial contact
with the person seeking services, and in writing posted
at the main entry door of the facility.

In addition, these centers must inform a woman that
she is about to receive an over the counter pregnancy
test, and allow her to self-administer it. Violations of
the conditions of this act are considered violations of
the Consumer Protection Act. Anyone who is injured
under the consumer protection act can bring a lawsuit
to recover actual damages, together with the costs of
the suits. The court can award triple damages, up to
\$10,000. Many clinics may have to close as a result of
a lawsuit.

None of these requirements apply to pregnancy
centers that offer abortion services, e.g. Planned
Parenthood.

Please ask your Senator to oppose SB 6452 as a
discriminatory and unfair act. The companion bill in
the House is HB 2837.

Senate Health and Long Term Care Committee Members

Contact these members of the Senate who are
pushing this legislation.

Dist. 33, [Karen Keiser](#) (D) Chair, (360) 786-7664

Dist. 29, Rosa [Franklin](#) (D) Vice Chair, (360) 786-7656

**Dist. 05, Cheryl [Pflug](#) (R), Ranking Minority Member,
(360) 786-7608**

Dist. 02, Randi [Becker](#) (R) (360) 786-7602

Dist. 32, Darlene [Fairley](#) (D) (360) 786-7662

Dist. 06, Chris [Marr](#) (D) (360) 786-7610

Dist. 43, Ed [Murray](#) (D) (360) 786-7628

Dist. 12, Linda Evans [Parlette](#) (R) (360) 786-7622

NEWS FROM THE KNIGHTS



St. Mark Parish has an active, involved Knights of Columbus chapter. Once a month the Knights serve up a fabulous breakfast in addition to their assistance around the parish and their special events. For

information about this organization call, Rufino Isip at 206-440-9239.



February 6, 6 pm—The 10th Annual Crab Feed

Join as the Knights serve up huge helpings of crab, salad, and chowder. There will be prizes and happy (not crabby) faces. \$30 in advance, \$35 at the door, call Rufino for more information 206-440-9239

LOST ROAD OF THE POPE

An event documentary film is coming to very select locations in the Puget Sound area. Scheduled for only 16 showings in WA State, the film will inform and entertain. Narrated by Brian Dennehy, photographed in HD by Italian cinematographer Manuel DeTeffe and finished with an original score based on works of Vivaldi, the film is certain to be remembered. The film will be shown at the Edmonds Theater, 415 Main Street, Edmonds on February 7 and 8, 2010.

For information contact 206-338-7836

Tickets are being sold after Masses this weekend.

PRAYERS

"To everything there is a season and a time for every purpose under heaven." Ecclesiastes 3:11

A time to be healed...
Desta Kiflemariam
Emily Waterman
Chuck Siljeg

A time to mourn...
Jerry Wolfe

MOJO Returns to St Mark TICKETS ON SALE TODAY!!!

St. Valentine's Day Dance
6:15pm Saturday, Feb 13th

Put VERVE in your Valentine. This St. Valentine's Day, make YOUR celebration more magical, with the mojo of the 17 piece Mach One Jazz Orchestra. The folks at the Experience St Mark Project are keeping the ticket price the same, \$15 or 2 for \$25.

That's a bargain for 2 hours of big band sound, and complimentary refreshments. Enjoy select wines or microbrew from the Georgetown Brewing Company, and choose from an awesome display of appetizers and delicious desserts. Stop by and see us about buying a ticket or reserving an entire table of 8, or call Cory at 206-366-9855.



DISCERNING A VOCATION?

Join us for our monthly discernment gathering, **Sign of a Call to the Priesthood, with Bishop Eusebio Elizondo**. These evenings are open to all men discerning the call to priesthood. The session provides an opportunity for prayer, a presentation, discussion and social time. Presentations will cover a broad range of subjects helpful to men discerning a call to the ordained life. Gatherings are held at St. Benedict Church Rectory, 1805 N. 49th St, Seattle (the rectory is directly behind the church). Please RSVP to Rich Shively, Associate director for Vocations, 206-382-4595 or richs@seattlearch.org.

Upcoming gatherings are on:

February 14 March 11 April 8 May 13

LITURGY & FAITH FORMATION

Will we accept the invitation?

Jeremiah in today's first reading is directed to give a prophetic witness to God, whose saving justice and compassion yearn to steer a wayward, stressed-out people away from impending disaster. Warned about the obstacles he will face, Jeremiah is instructed to stand firm.

Jesus, as prophet in today's gospel, challenges His own people to a new way of living, a new way of seeing things. Ironically, they yearn for a new and better existence while rejecting the very means to reach the wholeness, freedom, and peace they desire. How stubbornly they resist Jesus' prophetic invitation to accept a wider vision of the loving, inclusive reign of God.

Everyone committed to others in Christ, whether parent, teacher, friend, or employer, will at times be called and challenged by God to prophetically confront suffering and division, to help lead the world toward peace and new life. Paul reveals that the key to doing this is love itself. Without love, whatever we do or say will never ring true or move hearts. It is love that enables us to be truly compassionate, understanding, patient, forgiving, accepting of others. Love sustains our courage with the power to endure and carries us confidently through every challenge. The source of that love is God the Father who raised Jesus from death to new life.

Rev. Michael Traher, SFM

VIANNEY is coming to the Archdiocese of Seattle; please spread the word. The national tour of the live theatrical production *VIANNEY* is coming to the various locations listed below. The Drama will be performed by Leonardo Defilippis, the same talented actor who starred in and directed the feature film *THÉRÈSE*. We are very fortunate to have this opportunity during the Year for Priests. Pope Benedict has chosen beloved Saint John Vianney as the patron of this year; he is also the Patron Saint of all priests. Suitable for Ages 9 and up

Tuesday, February 2, 2010 @ 7:00 p.m.

St. Mary Magdalen Church, Everett

Tickets & Information: St. Mary Magdalen School: 425-353-7559 and Parish Office: 425-353-1211

Wednesday, February 3, 2010 @ 7:00 p.m.

Holy Family Church, Kirkland

Information: Holy Family Parish @ 425-822-0295

*Welcome to the newest member of
our parish family:*

**Juliette Patricia Pauley,
daughter of
Michael and Camille Pauley
baptized January 27, 2010**

**A CAMERA THAT WAS LEFT ON
THE RESPECT LIFE BUS IS IN
THE PARISH OFFICE. CALL TO
CLAIM IT: 206-364-7900.**