

Saint Mark Catholic Church

18033-15th Place Northeast • Shoreline, WA 98155



Parish Office

Phone: (206) 364-7900

Fax: (206) 367-3919

Email: stmarkoffice@gmail.com

Website: www.stmarkseattle.org

Pastor

Fr. W.R. Harris (206) 364-7900

Staff

Pastoral Assistant for Administration and Finance:

Rick Altenhofen (206) 364-7900
stmarkfinance@gmail.com

Pastoral Assistant for Faith Formation:

Marylee Schaeffer (206) 364-7900
stmarkfaithformation@gmail.com

(K-8): Ellen Sherman (206) 365-5386

Administrative Assistant:

Linda Sullivan (206) 364-7900
stmarkoffice@gmail.com

Pastoral Assistant for Music:

Gregory Teeter (206) 329-2641
gregoryteeter@comcast.net

Outreach Coordinator:

Claudia Sargent (206) 364-7900

Facilities & Grounds Manager:

Cameron Johnson

St. Mark School (206) 364-1633

St. Mark Pre-school (206) 363-7100

Email: frontdesk@stmss.org

Principal: Kathryn Keck (206) 364-1633

Email: principal@stmss.org

MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.

Saturday Vigil: 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

MARRIAGE

Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact Dick Johnson (425) 821-6392.

St. Mark Catholic Church

February 28, 2010 - Second Sunday of Lent

DAILY MASS INTENTIONS

Mon.	Mar.	1	No Mass
Tues.	Mar.	2	Shannon Sullivan
Wed.	Mar.	3	Linda Waters+
Thurs.	Mar.	4	AnnaLise Thorne
Fri.	Mar.	5	8 am Cheryl & Nigel Keiffer
			10 am Parish Staff of St. Mark
Sat.	Mar.	6	Enrico & Maria Crisafulli+

PRAYERS

"To everything there is a season and a time for every purpose under heaven." Ecclesiastes 3:11

A time to be healed...

Emme Olvena, infant daughter of Darnell and Jennifer Olvena

A time to mourn...

Please pray for those who have no one to pray for

PRAYER REQUESTS

Each week we offer prayers for the ill and deceased of our parish family. If you want someone mentioned in the prayers, please call the Parish Office. Also, if you know of a parishioner who needs our prayers, please call. *We have no way of knowing of a need unless you call us.*

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Walt Carroll (425) 486-9290
Cub Scouts: Carmela Park (425) 806-1733
Knights of Columbus: Rufino Isip (206) 440-9239
St. Vincent de Paul: Duke Dungan
 (206) 364-7900 ext 150
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
 Suzanne Reed: (425) 361-6763
Senior Group: Consuelo Frodsham (206) 542-7240
 Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Hoffner, Fisher & Harvey Funeral Home: (206) 632-0100

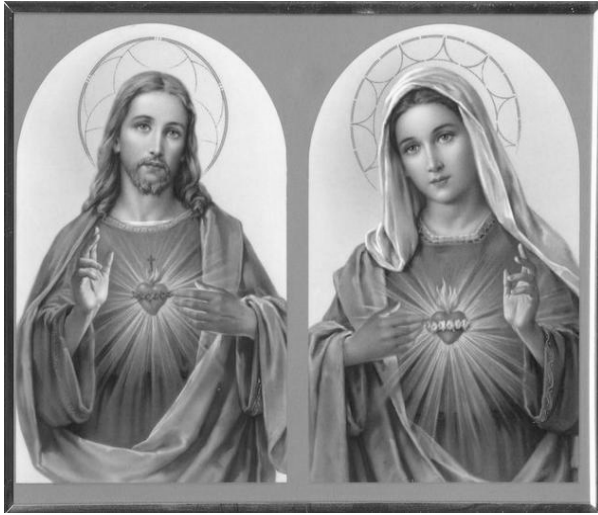
CONTRIBUTIONS

	YTD	YTD Goal	Difference
7/1/09-2/14/10	526,951	526,600	351
Feb. to date	46,427	45,600	827
	Actual	Goal	Difference
Feb 7	18,869	18,000	869
Feb 14	14,412	13,800	612
Feb 21	13,147	13,800	(654)
Feb 28		14,400	
Feb Total		60,000	

Parish Children Contributed \$18.95.

Mon.	3/1/10	Cub Scouts, 6 pm, Gym
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	3/2/10	Pastoral Council, 7 pm, Pastoral Center
Wed.	3/3/10	Heaven Guild, 11:30 am, Sullivan Hall
		Faith Formation 1-8, 6:30 pm, School
		RCIA, 6:30 pm, Library
		School Registration, 7 pm, Gym
Thurs.	3/4/10	Choir, 6:30 pm, Church
		Buildings & Grounds Committee, 6:30 pm, Sullivan Hall
		Social Justice Committee, 7 pm, Pastoral Center
Fri.	3/5/10	School Stations of the Cross, 2pm, Church
		Soup Night by Faith Formation Families, 6 pm, Cafeteria
		Stations of the Cross, 7 pm, Church
Sat.	3/6/10	Annual School Fund Dinner, 6 pm, Gym
Sun.	3/7/10	School Registration, 12:15 pm, Gym
		Confirmation Class, 6:30 pm, Sullivan Hall

FIRST FRIDAY MASSES 8 A.M. & 10 A.M.



There will be Exposition of the Blessed Sacrament after the 10 a.m. Mass, on Friday, March 5, culminating with Benediction at 9 am on March 6, following the First Saturday Mass. This is an all-night vigil offered in atonement for the sins of mankind grievously offending the Sacred Heart of Jesus and the Immaculate Heart of Mary. The concept of the "Alliance of the Hearts of Jesus and Mary" is a term first coined by Pope John Paul II in 1985, and underscores the fact that the "heart" is a shorthand way of speaking about the whole person with special emphasis on his or her interiority. Thus, the "Alliance of the Hearts of Jesus and Mary" is a way of speaking about their intimate association and union with one another for the sake of our redemption.

The Adoration Chapel is closed during this time, but please come to the church for time with Jesus.

Confession: Five Sentences That Will Heal Your Life

Do you avoid going to Confession? Do you find the idea of going to Confession intimidating? Do you only go to Confession as part of your "Easter duty"? If you answered "Yes" to any or all of these questions, then this presentation is for you. Come and experience an encounter with God that will bring you a freedom and joy that this world cannot give and cannot take away - an encounter with God that will "heal your life".

**Hear Tom Curran discuss his new book*
March 18th!**

Where and When?

St. Mark Catholic Church (in the Gym)

18033 - 15th Pl. NE, Shoreline 98155

Wednesday, March 18th

7:00 – 8:30 pm (Followed by a short Q & A session.)

**Buy Tom's new book* after the Masses on
March 13th and 14th!**

\$5 (tax inc.)

**Special Pre-Event Price
March 13th and 14th ONLY**

JUST RELEASED

***Confession: Five Sentences
That Will Heal your Life***

"This talk explores the beauty of the sacrament of Confession, and contrary to what many of us have believed, it is not about guilt, and it's not about humiliation. It's about love and mercy and breaking open our hardened hearts to let God's love heal us!"

"Tom's message of "living a confessional life" has become fundamental in my daily life. Not only do I now go to confession more frequently, I also try to live the spirit of confession in all parts of my life. I've learned to come before God in all things confessing His greatness and my weakness. I now try to bring all my failings before Him, trusting that in his mercy all will be made perfect."

THE LIGHT WEIGH

The Light Weigh is coming to St. Mark Parish. Are you tired of constantly struggling with your weight? Tired of following diets like they were religions? Consider giving God a chance to touch your heart, your life, and your eating. A Light Weigh orientation will be held Sunday, February 28 at 12:30pm in the Pastoral Center. Come and find out about The Light Weigh Bible Study and video series, and how this program has been a blessing to others. For information call Chris at 425-488-7264.

"Let us love each other in the way that God wishes. Let us not be frightened of the Love which is the very name of the Holy Spirit. Let us thus courageously await the will of Him Who made us for His glory. Love does not make you weak - it is the source of all true strength. But it makes you see the nothingness of the illusion of strength on which you depended before you experienced it." Léon Bloy

All of you who supported St. Mark School's 2009 Annual Fund should have received your invitation last week to the Annual Fund dinner on March 6. Please RSVP to the school office as soon as possible so we can get numbers for the caterer. If you supported the AF but did not receive an invitation, please also call so that we can get your name on the list. 206-364-1633



McTeachers for Scholarship

Please come out to your local McDonald's Restaurant on Ballinger Way on March 18 and support our St. Mark School teachers as they work behind the counter. St. Mark receives 10% of the profits for all sales between the hours of 4:30 -7:30 pm. \$500.00 of those profits will be awarded to one of our graduating 8th graders to use toward his or her high school tuition.

YOUTH NEWS



The St. Mark Youth Group is an active group of concerned ninth through twelfth graders who meet on the second and fourth Thursday of each month for an evening of food and activities. This is not a wimpy group—they go for the big issues and work through them. Don't come expecting to waste your time; you will leave with some answers and some challenging questions to consider.

Thursday, March 11, 2010:

"What Makes Life Worth Living?"

This meeting will be facilitated by Camille Pauley and will focus on how to get four things everybody wants out of life...success, quality of life, love, and freedom. Don't miss it!

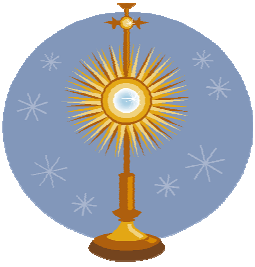
DISCERNING A VOCATION?

Join us for our monthly discernment gathering, **Sign of a Call to the Priesthood, with Bishop Eusebio Elizondo**. These evenings are open to all men discerning the call to priesthood. The session provides an opportunity for prayer, a presentation, discussion and social time. Presentations will cover a broad range of subjects helpful to men discerning a call to the ordained life. Gatherings are held at St. Benedict Church Rectory, 1805 N. 49th St, Seattle (the rectory is directly behind the church). Please RSVP to Rich Shively, Associate director for Vocations, 206-382-4595 or richs@seattlearch.org.

Upcoming gatherings are on:

March 11 April 8 May 13

PERPETUAL ADORATION



Perpetual Adoration will move into the church this coming Friday, March 5th, as is customary on the First Friday of every month here at St. Mark. There the Blessed Sacrament will be exposed in a monstrance on the altar from after daily

Mass on Friday morning until Benediction on Saturday at 9am. This is a great chance, for any of you who do not have an hour each week in the Adoration chapel, to spend an hour or more with Jesus as you want to make yourselves available to Him. Scheduled Adorers will maintain their normal hours but in the church; everyone else is welcome to drop into the church at any time through the course of the night, as the doors will remain unlocked the entire time. Please come spend some time in prayer with Our Lord - He can work wonders.

Thanks be to God,
Mat Connolly
Adoration Coordinator
206-465-0710



RESPECT LIFE

President's Health Care Proposal Comes up Short for Pro-life Leaders

President Barack Obama's Monday proposal of a revamp of health care legislation drew criticism but also cautious speculation from various pro-life leaders. While some criticized the proposal's lack of abortion funding restrictions, one commentator from the U.S. bishops' office suggested the president may want "further discussion" on the issue.

The president did not propose any changes to the Senate health care bill's restrictions on federal funding for abortions, The Los Angeles Times reports. The bill requires that any woman buying a subsidized health plan with abortion services would have to pay separately for the abortion insurance benefit.

RESPECT LIFE cont.

"The President's proposal is really a summary of points rather than a detailed legislative proposal."

Doerflinger said that Obama hopes to combine features of the House and Senate bills, but the proposal says nothing about abortion or abortion funding. He said he wouldn't comment on proposals "until we see something more specific."

Douglas Johnson, legislative director for the National Right to Life Committee (NRLC), claimed that the president's proposal would directly fund elective abortion by providing \$7 billion for the 1,250 Community Health Centers in the U.S. without barring these funds from use in abortion on demand. It would also fund an "array" of other pro-abortion federal subsidies and mandates.

Johnson believes that the proposal would increase funds available to subsidize abortion procedures and to subsidize private health insurance that covers abortion through the premium subsidy tax credits program. Marjorie Dannenfelser, president of the Susan B. Anthony List, commented that: "In the face of obvious bipartisan consensus against abortion funding, the President remains deaf to the voices of American taxpayers."

House Minority Leader John Boehner (R-Ohio) claimed that the Hyde Amendment would be codified in a Republican bill which would also prohibit all federal funds from being used to pay for abortions. He said that House Democrats have already pledged to vote against the abortion funding provisions in the health care bill. "Health care reform should be an opportunity to protect human life - not end it - and the American people agree," Boehner commented.

www.catholicnewsagency.com / February 22, 2010

Slavery is repulsive because it treats human beings as property to be disposed of at the will of another. It was morally absurd in the 1800's to say: "I am personally opposed to owning slaves and would never own any myself, but I can't force my moral views on others." Today people use the same argument regarding abortion. Slavery was wrong then and abortion is wrong now.

Tatiana

in concert

Friday, March 19, 2010 7 pm

Please come to hear the beautiful voice of Tatiana performing:

“I Thirst—the Crucifixion Story”

Tajci Cameron (Tatiana) grew up in communist Croatia, became a pop superstar at age 19, lived the life of fame and fortune, but longed for something more.

Come and experience Tajci’s powerful concert event: the music she writes, the story she tells, the voice that will blow you away.

“I Thirst” is a highly professional and artistic musical experience of Christ’s walk on Calvary that will leave you speechless...songs you will recognize and those you will want to hear over and over again.

All Fridays of Lent are days of abstinence. Good Friday is a day of fast and abstinence.

Fast: On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one’s needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient paschal fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

Abstinence: On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige.

LITURGY & FAITH FORMATION

Second Week of Lent: Self Control

This week, focus on keeping your own wants and needs in check.

Did you know.....?

A basket can be seen as a symbol of a bird’s nest.

Eggs represent new life.

Fasting (not eating meat and other foods) and prayer have been important observances since Biblical times.

Moses fasted and prayed for 40 days at the time God gave him the Ten

Commandments. (Exodus 34:27-28)

Elijah fled for his life through the wilderness, fasting 40 days and nights. (1Kings 19:1-18)

After baptism, Jesus withdrew to the desert to fast and pray for 40 days. (Matthew 4:1-2; Luke 4:1-2)

Here are a few other symbols related to Lent and Easter:

A palm branch represents hope and victory.

Easter lilies and butterflies often stand for the Resurrection or eternal life.

A cross represents Jesus’ victory over sin and death.

Read and discuss the Bible together:

Jesus called the crowd with His disciples, and said to them, “If any want to become My followers, let them deny themselves and take up their cross and follow Me....”

Mark 8:34

Activity:

Too many things can clutter our homes – and our spirits. As a family, go through your home and collect clothes, toys and other items that you don’t need. Donate the items to help others.

Bring a bag of food or paper products next weekend for St. Vincent DePaul.

PHOTO DIRECTORY

Due to the illness of the photographers (swine flu), the photo sessions from this week were cancelled and moved to the week of March 9-13. Your appointment is at the same time during the week that you originally scheduled, it is just a different week! There are still openings during March!!! If you haven't arranged your photo to be taken, please call the parish office and do so as quickly as possible. There are several dates open from March 9-12. Please make our directory a success by participating. Children, please make sure your family is included!

HOSPITALITY.

On February 28 the Faith Formation Families are serving BAGELS in Sullivan Hall.
On March 6 the School Families will be serving bagels.



BLOOD DRIVE

The Knights of Columbus will be sponsoring a Blood Drive on Monday, March 22, 2010 from 2:00 p.m. - 8:00 p.m. Contact Joe Sadler for more information (206) 365-7561.

MINISTRY SCHEDULE

	Sat. Mar. 6 5:00 pm	Sun Mar. 7 7:30 am	Sun Mar.7 9:00 am	Sun Mar. 7 11:00 am
EM's	Jean H.	Rey A.	Evelyn A.	Maribel S.
	Paula G.	Vina A.	Nelson A.	Bill S.
			Steve A.	Teresa S.
			Paul B.	Sue D.
Reader	Peter B.	Gerry S.	Zsolt D.	James R.
Servers	Mary M.	Alex T.	Abby F.	David P.
	Rose Marie	Isaiah T.	Courtney T.	Chris P.
	Teresa K.		Chloe T.	Daniel d.
	Emily P.		Shelby M.	Austin V.

	Mar 2-Mar.6
Servers	Austin C.
	Alex J.

PRAY THE ROSARY

*Families meet at 6:30pm
in Church. Please come!*

ATTENTION CHILDREN!

It is our Lenten tradition that after Communion, students stand at the front of the Church and collect money for the Rice Bowl which is sent to CRS (Catholic Relief Services). All Children are welcome to help out. If you would like to help take up this collection – let the ushers know before Mass starts and they will show you where to find the buckets and where to stand. Remember to smile! Thank you.

EASTER EGGS

The Knights of Columbus will be having their annual Easter Egg Hunt after the 11 am Mass on Easter. They are in need of stuffable plastic eggs and wrapped candy to stuff! Drop off donations to the parish office.



PRE-SCHOOL FAITH FORMATION

St. Mark offers a preschool Faith Formation class during the 9 am Mass (9 am to 10 am) for children ages 4, 5 and 6. They meet in the lower level of the Pastoral Center, the building in the southwest corner, behind the Rectory. The children sing, play games, hear stories, and do art projects.

To register, or for more information, contact Ellen Sherman, 206-365-5386 or stmarkreled@gmail.com

Helping Catholics Come Home



ANNULMENTS

Since many people leave the Church because of their marital status, we can expect that there will be an increase in the number of requests for assistance in resolving a variety of marital issues.

Catholics believe that marriage comes as a gift from the hand of God. Once a marriage is entered into between any two persons, Catholic (*see below), Protestant, or non-Christian, it is presumed to be a valid and binding union until the contrary can be proven. And, as long as a person is bound to a previous valid marriage, the Church does not permit a second marriage to take place. The Church has established certain procedures through which persons can attempt to prove that a previous marriage was not valid or binding, thereby assuring that they are free to marry according to the rites of the Catholic Church.

A Catholic annulment is a declaration from a diocesan Tribunal that the marriage bond was less than a covenant for life because it was lacking something necessary from the very beginning. If an annulment is granted, then both parties are free to remarry in the Church.

How can you help the Parish? Advocates Needed!

The Archdiocese of Seattle provides training (beginning and advanced) for parish advocates to help with annulments. St. Mark presently has only two active advocates. Do you think you would like to be a marriage advocate? Please call the Parish Office to talk about this ministry. 206-364-7900

St. Mark Parish School is registering for the 2010 -2011 school year!

St. Mark Parish School is one of our most important ministries and is certainly a place where children draw closer to Jesus. If it were just another school that taught reading and math, it wouldn't be worth our efforts. We certainly maintain very high academic standards, but our primary goal is to bring our children closer to Jesus, particularly in the Eucharist.

Faithful Steward Meetings

**Learn about St. Mark Parish School at one of
these meetings :**

**Wednesday, March 3, 2010
Cafeteria 7:00 PM**

**Sunday, March 7, 2010
Cafeteria 12:15 PM**

(Meetings are mandatory for current parents.)

The Faithful Steward Plan is the best way to register your children for Saint Mark Parish School. You set your own level of commitment of Time, Talent, and Treasure for the school year, rather than having the school set them for you.

To qualify, a family will commit to:

- 1) Attending Mass faithfully on Sundays and Holy days of Obligation at Saint Mark Parish at least 75% of the time, during the school year, and put your Sunday envelope into the collection basket every time you are at Mass as an outward sign of your stewardship.
- 2) Be active in parish ministries and school activities and complete the volunteer hour reporting form as an outward sign of your stewardship.
- 3) Faithfully fulfill a pledge to tuition payments that you set for yourself at a financial facilitation meeting.
- 4) Use your stewardship commitment card annually in the fall to make additional commitments to the parish through prayer, ministry involvement, and offertory giving (what we commonly call Time, Talent, and Treasure).

February 27, 2010

Dear Parishioners,

This is an exciting time for Saint Mark Parish. In May of 2009 the Stewardship Committee recommended that we implement some tools designed by the Gallup polling organization to increase participation and the sense of “belonging” in our parish. After reviewing the materials, I heartily accepted their recommendation, and we started putting them in place last September.

The first tool we implemented is called, “Strengthsfinder.” Perhaps you heard about it at our Ministry Fair or read about it in the bulletin. Or perhaps you are one of the more than 100 parishioners who have already participated in one of our Strengthsfinder Workshops. So far the response has been unanimously positive to the insights it has given about our unique God-given talents.

The next tool we are implementing is a short survey designed to measure how well we are doing in the parish at encouraging spiritual commitment and parishioner engagement. Once the results are in, they will help us plan for future programs to better serve your spiritual needs and increase Stewardship, especially Stewardship of Time & Talent.

To this end, we want to hear from each of you. In the coming weeks, we will ask all adult members of our parish to complete the survey, giving you the opportunity to share your opinions about some of the key aspects of our parish life. Your opinions will be completely anonymous; no individual responses will be revealed to anyone, not even to me.

The success of this effort hinges on the completion of the survey by each one of us who is 18 years of age or older. Your opinions are valuable and need to be heard.

I want to thank you in advance for your participation.

In Jesus and Mary,

Rev. W.R. Harris