

Saint Mark Catholic Church

18033- 15th Place Northeast • Shoreline, WA 98155

PARISH OFFICE

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Website: www.stmarkseattle.org

PASTOR

Fr. W. R. Harris (206) 364-7900

STAFF

Pastoral Assistant for Administration and Finance:

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stmarkfinance@gmail.com

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(K-8): Ellen Sherman (206) 365-5386

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Outreach Coordinator:

Claudia Sargent (206) 364-7900

Facilities & Grounds Manager:

Daniel Blake

St. Mark School (206) 364-1633

St. Mark Pre-school (206) 363-7100

E Mail: frontdesk@stmss.org

Principal: Kathryn Keck (206) 364-1633

E Mail: principal@stmss.org

MASS SCHEDULE

Daily: Monday - Friday: 8:00 a.m., Saturday: 9:00 a.m.

Saturday Vigil: 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

CONFESSIONS

Saturday: 8:00 a.m. to 8:45 a.m. and 3:30 p.m. to 4:30 p.m.

BAPTISMS

Contact the Faith Formation Office to schedule an appointment.

MARRIAGE

Registered Parishioners should contact Fr. Harris **six months in advance** of the proposed marriage.

SACRAMENT OF THE SICK

Whenever someone is **seriously ill**, please call the *Parish Office*.

PERPETUAL ADORATION

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying in front of the *Blessed Sacrament*. We invite all our parishioners to make **Adoration** a part of their prayer life. If interested, contact *Mat Connolly*: (206) 465-0710.

St. Mark Catholic Church

March 28, 2010 - Palm Sunday of the Lord's Passion

DAILY MASS INTENTIONS

Mon.	Mar.	29	No Mass
Tues.	Mar.	30	Muriel Harkins+
Wed.	Mar.	31	Armand Tiberio+
Thurs.	Apr.	1	No Morning Mass
Fri.	Apr.	2	No Morning Mass
Sat.	Apr.	3	No Morning Mass

PRAYERS

"To everything there is a season and a time for every purpose under heaven." Ecclesiastes 3:11

A time to be healed... physically, emotionally, or spiritually

Dolores Ridge
Rollie Blanchette
A time to mourn...
Emilie Waterman

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Walt Carroll (425) 486-9290
Cub Scouts: Carmela Park (425) 806-1733
Knights of Columbus: Rufino Isip (206) 440-9239
St. Vincent de Paul: Duke Dungan
 (206) 364-7900 ext 150
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
 Suzanne Reed: (425) 361-6763
Senior Group: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Hoffner, Fisher & Harvey Funeral Home: (206) 632-0100

CONTRIBUTIONS

	YTD	YTD Goal	Difference
7/1/09-3/21/10	568,088	589,640	(3,552)
March to date	44,829	48,640	(3,811)
	Actual	Goal	Difference
Mar 7	18,084	19,200	(1,116)
Mar 14	12,049	14,720	(2,671)
Mar 21	14,696	14,720	(24)
Mar 28		15,360	
Mar Total		64,000	

Parish Children Contributed \$29.47.

Mon.	3/29/10	Family Rosary , 6:30 pm, Church
		Boy Scouts, 7 pm, Gym
		Compassion Apostolate Mtg, 7 pm, Pastoral Center
Tues.	3/30/10	Parent Club, 6 pm, Cafeteria
Wed.	3/31/10	RCIA, 6:30 pm, Library
Thurs.	4/1/10	HOLY THURSDAY MASS AT 7 PM
		EXPOSITION AND ADORATION 8 PM TO MIDNIGHT, SULLIVAN HALL
Fri.	4/2/10	School Stations of the Cross Passion Play, 11 am, Church
		Parish Offices closed at noon.
		Confessions, 11:45 am, Church
		GOOD FRIDAY LITURGY, 7 PM, CHURCH
Sat.	4/3/10	RCIA Retreat 10 am, Pastoral Center
		Rehearsal for Easter Vigil, 1 pm
		EASTER VIGIL, 8:30 PM, PROCESSION BEGINS IN GYM
Sun.	4/4/10	EASTER MASS 7:30, 9:00, 11:00 AM
Mon.	4/5/10	Parish Offices closed.
		Family Rosary , 6:30 pm, Church
		Boy Scouts, Cafeteria, 7 pm

ONE DAY RETREAT FOR CAREGIVERS

Many people who care for special needs persons experience a lot of everyday grief—for example, grieving that you never have free time or grieving the fact that your child will not have the life you anticipated. This retreat, using the Spirituality of Jean Vanier, founder L'Arche Community, is for such as this.

If you are a caregiver who would like to join with others and be lifted in body, spirit and soul, come join us for this one day retreat at the Palisades Retreat Center in Federal Way, Saturday, April 17, 9:30 am to 5:00 pm, 206-748-7991.

THE BROWN BAG CHALLENGE

How are you doing on collecting food for your brown bag? Remember the challenge?

Take a large, Brown Bag and see if you can **fill** it by the next St. Vincent Food Collection Weekend. Shop the 10 for 10 specials—if you buy something for your family, buy something for the Brown Bag!

What do you put in it?

Canned Fruit, Canned Soup, Pork & Beans, Canned Beans or Corn, Apple Juice, Refried Beans, Spaghetti Sauce, Beef Stew, Tuna, Chili, Ravioli, Peanut Butter, Jelly (regular and sugar free), Salsa, Coffee, Flour Tortillas, Cereal, Crackers, Cookies, Instant Mashed Potatoes, Dried Beans, Bags of White Rice, Pancake Mix, Hamburger or Tuna Helper, Macaroni and Cheese, Spaghetti noodles, Lasagna Noodles

Or here's more...the things that sometimes get ignored:

Laundry Detergent, Dish Soap, Cleaning Product (Any), Toilet Paper, Paper Towels, Tissues
Infant and Baby Needs, Personal Hygiene Items, Diapers sizes 1 through 6, Baby Wipes, Baby Formula
Baby Food (in jars), Feminine Products, Shampoo, Conditioner, Bar Soap, Toothbrushes
Toothpaste, Deodorant, Disposable Razors

Just imagine, if every family in the parish brought back a Brown Bag, we could do so much for so many.

ALTERING ALTAR SERVERS ALBS

Now that you have said that 5 times very quickly, can you help out? We need people to help mend and repair the altar server's albs. You will need a sewing machine to do some of the replacement of the Velcro and ripped seams, but no machine is necessary to replace the snaps. This job does not have a strict timeframe, and it can be done by more than one person. It will take just a few hours now and then. If you think you can do this, please contact Russ Foisy at 425-778-7823 or rafoisy@qwestoffice.net.

OUR SISTER PARISH IN JAMAICA

We have a sister parish in Jamaica, Holy Name of Jesus. A monthly collection is taken up for their needs and also, when we have extra Masses to say, we send them there. We have sent Masses for Ethel Ruth Blaine, and Romona, sister of J. de Campo, Peter Luong Nguyen, and Hap Langlie.

EASTER EGGS

The Knights of Columbus will be having their annual Easter Egg Hunt after the 11 am Mass on Easter. They are in need of stuffable plastic eggs and wrapped candy to stuff! Drop off donations to the parish office.



NEW BABY ON THE WAY?

Are you expecting a child soon? A Baptism preparation class is scheduled for April 12 or May 10, 2010 at 6:30pm in Sullivan Hall. Call the Parish office to register for the class and schedule the baptism. Baptisms normally take place the last Sunday of the month.

Adult Education Speaker Mark Shea

Mark Shea is a popular Catholic writer, speaker, and columnist.

THE FAITH ONCE GIVEN; EXPLORING THE CREED

This is an ongoing study that will inspire you
and encourage your faith.
7-8:30pm in St. Mark Gym

Next meeting is April 29, 2010.

May 20, 2010

MINISTRY SCHEDULE

	Holy Thursday	Good Friday	Easter Vigil
EM's	Rufino I.	Glenn D.	Marylee S.
	Dori I.	Cornelia M.	Glenn D.
	Maribel S.		Becky D.
	Bill S.		Jean H.
	Jean H.		Maribel S.
			Bill S.
Reader	James R.	Jim A.	

	Sat. Apr. 3 5:00 pm	Sun. Apr. 4 7:30 am	Sun Apr. 4 9:00 am	Sun Apr. 4 11:00 am
EM's		Janet Y.	Karen F.	Maribel S.
		Tony S.	Steve A.	Bill S.
		Lourdes M.	Gini H.	Glenn D.
		Sherry S.	Cornelia M.	Sue D.
			Paul B.	Jessica M.
			John E.	Anna D.
			Rufino I.	Pat D.
			Dori I.	Teresa S.
Reader		Gerry S.	Zsolt D.	Lillian H.
Servers		Isaiah T.	Sr. Servers	Sr. Servers
		Alex T.		

	Mar 30-Mar 31
Servers	Isaiah T.
	Daniel D.

PRAY THE ROSARY
*Families meet at 6:30pm
in Church. Please come!*

2010 HOLY WEEK

APRIL 1, 2010—HOLY THURSDAY

No Morning Mass

7:00 p.m. Mass of the Lord's Supper-The Mandatum
(Washing of the feet.) (*Incense*)

Collection taken up for our St. Vincent de Paul Society.

Exposition & Adoration of the Blessed Sacrament until midnight.

The Perpetual Adoration Chapel will be closed from 7 p.m. on Holy Thursday until after the Easter Vigil Mass.

APRIL 2, 2010—GOOD FRIDAY

Day of Fast & Abstinence

11:00 a.m. Stations of the Cross by the 8th grade

11:45 a.m. Last opportunity for confessions before Easter
There will be NO confessions heard on Holy Saturday or Easter.

5:00 p.m. Rehearsal for the Liturgy of the Cross

7:00 p.m. Solemn Liturgy of the Cross (*Incense*)

APRIL 3, 2010—HOLY SATURDAY

No Morning Mass

10:00 a.m. R.C.I.A. Retreat in the Pastoral Center

1:00 p.m. Rehearsal for the Easter Vigil Mass

8:30 p.m. Vigil Mass (*Incense*)

APRIL 4, 2010—EASTER

7:30 a.m. Mass

9:00 a.m. Mass (*Incense*)

11:00 a.m. Mass (*Incense*)

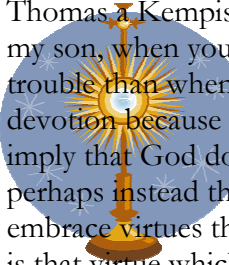
Immediately following Mass there will be an Easter Egg hunt sponsored by the Knights of Columbus for children in pre-school through 3rd grade.

JOHN MARTIGNONI AT ST. MARK

Reserve the date of Friday, April 23rd. While that day seems far distant, it will be here almost before we know it. Beginning at 7:00 p.m. that evening, and for one session only, John Martignoni, Monday host of EWTN's Open Line radio show, frequent guest-host of Catholic Answers Live radio show and president of the Bible Christian Society will help us make plain, in his down-home Alabama style, Catholicism using the Bible alone. He will explain how to assist those who are exploring a return to the Church after seeing the "Catholics Come Home" TV spots, how to answer the complaints of adult children who have fallen away from the Church, and even a little bit of educating Protestants on how we know the Catholic Church is the One, True Church.

John will give two of his prepared talks and take questions afterward. There will be refreshments between talks. How blessed we are at St. Mark when talent such as this supplements our resident ministries! Questions? Contact Dick Johnson at (425) 821-6392

PERPETUAL ADORATION



Thomas Kempis writes that God is "better pleased, my son, when you are patient and humble in time of trouble than when you feel much comfort and devotion because things are going well." This does not imply that God doesn't want good things for us, but perhaps instead that in a time of trouble, we should embrace virtues that bring us closer to Him. Humility is that virtue which gives us a modest opinion of our own self-importance, remembering that we are nothing without God. As we make mistakes, and those around us bear our annoyance with calm, we are well-served to recognize the frailty of our humanity. Christ set the example for us as He bore the frailty of all mankind when He became one of us, yet He redeems us all through the Eucharist. Spend an hour with the Blessed Sacrament, where you can personally thank the Lord for your call to greater good in Him.

Pray for us, O holy Mother of God
Mat Connolly
Adoration Coordinator
206-465-0710



RESPECT LIFE

The Fallacy of President Obama's Executive Order in Blocking Federally Funded Abortions

Richard Doerflinger, of the U.S. Conference of Catholic Bishops, described the problems with the Executive Order signed by President Obama which states that the health care bill will not allow federal funding of abortion. This offer by the President persuaded Rep. Stupak, and other pro-life Democrats, to support the health care bill passed on March 21, 2010.

Doerflinger stated that: "We've consulted with legal experts on the specific idea of resolving the abortion funding problems in the Senate bill through executive order."

"Unfortunately, this proposal does not begin to address the problem, which arises from decades of federal appellate rulings that apply the principles of Roe v. Wade to federal health legislation," Doerflinger explains.

RESPECT LIFE cont.

"According to these rulings, such health legislation creates a statutory requirement for abortion funding, unless Congress clearly forbids such funding," Doerflinger continues. "That is why the Hyde amendment was needed in 1976, to stop Medicaid from funding 300,000 abortions a year." Agreeing with other pro-life groups, the pro-life bishops' spokesman adds: "The statutory mandate construed by the courts would override any executive order or regulation. This is the unanimous view of our legal advisors and of the experts we have consulted on abortion jurisprudence."

As such, only changes in the Senate bill would truly prevent taxpayers from having their tax monies paying for abortions under it.

"Only a change in this law enacted by Congress, not an executive order, can begin to address this very serious problem in the legislation," the bishop's spokesman concluded. *-LifeNews.Com / 3/21/2010*

Some Good News

As the dust settles following the devastating U.S. House vote that imposed abortion coverage and government funding of abortion under the guise of health care, many people are feeling a sense of despair today. But Jeremiah 29:11 clearly instructs us: "For I know the plans I have for you," says the Lord. "They are plans for good and not for evil, to give you a future and a hope."

Even in the midst of this darkness, God has given us more than 2,500 reasons to have great hope. This past week, 40 Days for Life reached a milestone. In this, the sixth coordinated, simultaneous 40-day campaign of prayer and fasting, constant vigil and community outreach, we now know of more than 2,500 babies saved from abortion during these campaigns. The exact total is currently 2,536. We're aware of numerous sets of twins -- and at least one set of triplets -- included in that count. Not only have 2,536 babies been spared from abortion, but the impact was also felt on each of their mothers and fathers.

So that's roughly 7,500 lives directly impacted by your prayers and the mercy of Almighty God! Add to that grandparents, siblings, friends -- it's staggering to think about the number of people positively affected each time a mother chooses life. And for this campaign alone, the total stands at 368 babies saved, that we know of. Of course, only God knows the true total.

-David Bereit/40 Days for Life/ 3-22-2010

Fetus is a Latin term for a baby in the womb... This word "fetus" only defines the level of maturation and the location of the baby. The average male will go through the following stages in his life: baby in the womb, baby outside the womb, toddler, little boy, boy, teenager, adult, father, grandfather, dead man. Why is only one stage described in Latin? Because it makes the baby seem less human!

DISCERNING A VOCATION?

Join us for our monthly discernment gathering, **Sign of a Call to the Priesthood, with Bishop Eusebio Elizondo**. These evenings are open to all men discerning the call to priesthood. The session provides an opportunity for prayer, a presentation, discussion and social time. Presentations will cover a broad range of subjects helpful to men discerning a call to the ordained life. Gatherings are held at St. Benedict Church Rectory, 1805 N. 49th St, Seattle (the rectory is directly behind the church). Please RSVP to Rich Shively, Associate director for Vocations, 206-382-4595 or richs@seattlearch.org. Upcoming gatherings are on: **April 8** May 13

COMPASSION APOSTOLATE

The next meeting of the Compassion Apostolate is scheduled for Monday, March 29th at 7:00 PM in the Parish Center.

Good Friday is a day of fast and abstinence.

Fast: On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient paschal fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

Abstinence: On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige.

LITURGY & FAITH FORMATION

Holy Week

This week, commemorates the events leading up to the Resurrection.

Did you know....?

The Passover meal is a traditional way of commemorating the events described in Exodus. It is still commonly observed in Judaism.

“Maundy” comes from “mandate” or “command.” It refers to Jesus’ new commandment of “love one another.” (John 13:34)

At Holy Thursday Mass, the priest washes the feet of 12 people, symbolizing the priests’ role as servants. Jesus instituted Holy Orders at the Last Supper.

Noon to 3pm on Good Friday is generally observed as the time during which Jesus died on the cross.

“Good Friday” may have come from “God’s Friday.” It is good news for us because He died for our sins.

Read and discuss the Bible together:

He was wounded for our transgressions, crushed for our iniquities; upon Him was the punishment that made us whole, and by His bruises we are healed.

Isaiah 53:5

Activity:

Make an effort to attend Mass on Holy Thursday, Stations of the Cross on Good Friday, the Solemn Liturgy of the Cross, and the baptisms at the Easter Vigil.

Triduum

The *Paschal Triduum* (trih-dyoo-um), Latin for “three days,” commemorates the essential features of our redemption: Christ's Passion, Death and Resurrection. Christian life makes sense only when each of these moments is linked to the other two.

For that reason, the Church celebrates the three days beginning the evening of Holy Thursday as a single liturgical action. Beginning with the Mass of the Lord's Supper and concluding on Easter Sunday, the Triduum highlights and celebrates the fullness of the Paschal Mystery that we experience in every Mass.

Day One “*The Son of Man must suffer greatly...*”

The Washing of the Feet during the Mass of the Lord's Supper on Holy Thursday reminds us that Jesus freely chose to serve others, even to the point of giving His whole life for us. He freely accepted His suffering out of love for us and obedience to the Father.

Day Two “*and be killed*”

The death of Christ on the cross was real. In the subdued liturgical observances of Holy Saturday, the Church gives us a long time to face up to that fact. Anyone who has lost a loved one to death knows how very long it takes to accept the stark reality of death. In death, Jesus completed His embrace of the human condition.

Day Three “*and on the third day he raised*” (*Luke 9:22*)

Finally, the Resurrection of the Lord is celebrated as the high point of the liturgical year and the pattern for Sunday Mass throughout the year. The renewal of our baptismal promises on Easter reminds us that in dying with Christ through baptism, so also do we share in His resurrection.

After Easter Sunday we begin the 50 days of the Easter season which ends at Pentecost.

SCHOOL ENDOWMENT FUND

We have received donations to our School Endowment Fund in honor of Flora White, the Silang Wedding Anniversary and in memory of Robert and Winona Wartinger, Dorothy Hovel, Margaret Osgood, Wanda Jensen, Victor Lynch, Fr. Roger Blanchette, SJ, Kathy Baer, Hilda Hopfinger, Gregoria Cisneros, Jose Pagua, Valentine Konecny, John and Dorothy Favero, and Robert Pitts.

FOSTER PARENTS NEEDED

Can you provide temporary or maybe permanent homes for the many infants and young children coming into the foster care system? Single adults and married couples are urged to call. Contact Janelle Weaver at Catholic community Services at 206-328-5914 or janellew@ccsw.org

SOLE SALVATION NEWS

A number of you have inquired about making monetary donations to SoleSalvation shoe drive. If you would like to do that and make sure the money gets to SoleSalvation, you can write a check to Solesalvation, put it into an envelope marked SoleSalvation, and drop it in the Saturday or Sunday collection. The counters will set it aside for SoleSalvation and it will be used to purchase shoes for the children. For tax purposes, your check will be your receipt and you can attach Solesalvation's tax exempt number to it. For your use, the number is 91-1649531. Also, if you did not know, the collection box for shoes is located inside Sullivan hall.

SoleSalvation and the Children are grateful for your help.

James and Lynn Ronald- SoleSalvation
Visit our website at solesalvation.org and see who we help.



IS YOUR MARRIAGE TEARING YOU APART?

Retrouvaille, a Christian program, can help.

Details: helpourmarriage.com

Next program: April 9-11, 2010

Contact 206-706-2608

TAKING RISKS

It isn't easy taking risks. Anxiety about the future is a steady companion as one makes one's way in the world. It is tempting to hold back from taking chances, to shrink from risks and relationships.

Today's readings offer us a rich view of what it means to risk. The gospel reveals in painful detail the suffering of Jesus. The physical suffering, yes, but also the suffering of being misunderstood and belittled. And yet, through it all, Jesus stands firm, faithful to God to the end. In the process, things shift. A leader becomes a servant. Shame turns to honor. Mockery becomes praise. Fear turns into trust. Abandonment becomes love. Despair turns into hope. And above all, death blossoms into new life.

Whether we are young or old, as followers of Jesus we must take risks. Loving others, especially people we don't even like, is always difficult. Giving of ourselves when we feel that we have nothing left to give requires great strength. Having faith when everything points to doubt is a struggle. Feeling hopeful when our lives are in ruins takes all our energy. Yet in risking love and faith and hope, we discover countless blessings, and our ability to love and to believe only increases.

Jesus, remember us—young, old, faithful, doubting, hope-filled, despairing—when you come into your kingdom.

A. L. Mahoney

Helping Catholics Come Home

GREETERS AT MASS

When you have come into Mass have you noticed the friendly faces that have been greeting you? We have

recently started a Greeters Apostolate. These fellow parishioners are there to wish you a good day and help to answer questions that you—or a person new to our parish—may have.



Would you be interested in helping out? It takes a minimum of time before each Mass and really only requires that you smile and be open to helping out. If you are interested, please contact Mariella for more information:

206-849-5549

email: smariella@comcast.net

ST. MARK RUMMAGE SALE IS COMING THIS AUGUST!!!



St Mark Rummage Sale, August 6, 7 & 8.

It is time, once again, to start planning for the annual St. Mark Rummage sale. Are you ready? We can't thank enough all the people that generously donated items to support the sale last year. We are hoping that people will be willing to share their useable items to support the parish again this year. Over 100 people volunteered to help last year, and without your help the rummage sale would not have been a success.

This is your opportunity to help your parish by volunteering your time or providing items for sale. If there is someone in the parish that has a place to store items for people that are not able to keep their items until closer to the sale, please let us know.

Judy Parsons 206 367-1714
Marilyn Gruhn 206 362-3648
Sylvia Ebert 206 362-0236

An Invitation to all Saint Mark Parishioners

I would like you to attend our upcoming Parish Stewardship Retreat along with members of the Pastoral Council, Finance Council, Stewardship Committee, School Board, Parish Staff and the leaders of our parish apostolates.

Parish Stewardship Retreat Friday, April 9, 6:30 p.m. – 9:00 p.m. Saturday, April 10, 9:00 a.m. – 12:30 p.m. Held in the Church & Parish Hall

This spiritual retreat is a time for us to draw aside and spend time with God and with one another. It is an opportunity to reflect on our future direction at St. Mark Church and your role in the parish.

The retreat will be led by Deacon Don McArdle, an excellent speaker who conducts similar retreats at parishes around the country. In addition to Deacon Don's talks, there will be time for personal reflection and small group discussions.

The retreat will begin with dinner on Friday, April 9, at 6:30 p.m. in the cafeteria. It will continue on Saturday, April 10, with Mass at 9:00 a.m., and will end about 12:30 p.m. A light breakfast will be included, and there is no cost to attend.

To confirm your attendance, or to ask any questions, please call the parish office at 206-364-7900 or email stmarkoffice@gmail.com. This retreat will be a time of spiritual enrichment for all who attend, and I hope all our parishioners will be present. I look forward to seeing you there.

In Jesus and Mary,



Rev. W. R. Harris
Pastor

PLEASE R.S.V.P. so we can know how much food to prepare.

Call the parish office at 206-364-7900 or email stmarkoffice@gmail.com
Or drop this coupon in the collection basket:

Name _____ Number in Attendance _____